

III Trofeo Amigos del Atletismo - Gran Premio Splendor

Valdemoro - 15/01/2023

CROSS POPULAR

| Puesto | Dorsal | Tiempo | Rit. | Apellidos, Nombre | Año | P.S. | Cat. | P.C. | Equipo |
|--------|--------|--------|------|--------------------------------|------|------|------|------|-----------------------------------|
| 1 | 125 | 21:00 | 3:30 | OSUNA QUERO, VICTOR | 1983 | 1 | SM | 1 | INDEPENDIENTE |
| 2 | 85 | 21:01 | 3:31 | LEON SANCHEZ, ISIDORO | 1974 | 2 | VMA | 1 | AMIGOS DEL ATLETISMO DE VALDEMORO |
| 3 | 22 | 21:10 | 3:32 | CAMARA GARRIDO, DAVID | 1984 | 3 | SM | 2 | CLUB ATLETISMO SESEÑA |
| 4 | 43 | 21:16 | 3:33 | DE PAZ LOPEZ, MARIO | 2006 | 4 | SM | 3 | C.A. GRUPO OASIS |
| 5 | 152 | 21:17 | 3:33 | RUIZ ESPINOSA, JUAN FRANCISCO | 1968 | 5 | VMB | 1 | INDEPENDIENTE |
| 6 | 49 | 21:33 | 3:36 | ESQUINAS RIOJA, MARCE | 1987 | 6 | SM | 4 | CLUB ATLETISMO SESEÑA |
| 7 | 54 | 21:42 | 3:37 | FONSECA NIETO, GERARDO | 1977 | 7 | VMA | 2 | CLUB ATLETISMO SESEÑA |
| 8 | 137 | 21:49 | 3:39 | PEREIRA DOPASO, MANUEL | 1975 | 8 | VMA | 3 | INDEPENDIENTE |
| 9 | 9 | 21:58 | 3:40 | AYUSO JUVERA, ANGEL | 2002 | 9 | SM | 5 | INDEPENDIENTE |
| 10 | 36 | 22:11 | 3:42 | CORONEL PECES, MARCOS | 2006 | 10 | SM | 6 | CLUB ATLETISMO SESEÑA |
| 11 | 143 | 22:11 | 3:42 | RAYA-DEMIDOFF, MARTIN | 2006 | 11 | SM | 7 | MAJADAHONDA |
| 12 | 83 | 22:21 | 3:44 | JIMENEZ SERRANO, SERGIO | 1982 | 12 | VMA | 4 | CLUB ATLETISMO SESEÑA |
| 13 | 198 | 22:34 | 3:46 | NOGUEROL PEREZ, JOSE | 1983 | 13 | SM | 8 | AA VALDEMORO |
| 14 | 113 | 22:37 | 3:47 | MONTALBAN, PABLO | 1997 | 14 | SM | 9 | CAPIS RUNNING TEAM |
| 15 | 199 | 22:38 | 3:47 | FERNANDEZ LOPEZ , IÑAKI | 1981 | 15 | VMA | 5 | INDEPENDIENTE |
| 16 | 169 | 22:41 | 3:47 | VALDES MARTIN, GONZALO | 1975 | 16 | VMA | 6 | AMIGOS DEL ATLETISMO DE VALDEMORO |
| 17 | 116 | 22:48 | 3:48 | MORAGA LINARES, DANIEL | 1980 | 17 | VMA | 7 | TODOVERTICAL/TIERRA DE NADIE |
| 18 | 21 | 22:54 | 3:49 | CALZADO ROLDAN, JUAN LUIS | 1974 | 18 | VMA | 8 | AA MORATALAZ |
| 19 | 30 | 22:57 | 3:50 | CASAS ROMERO, SERGIO | 2006 | 19 | SM | 10 | CLUB POLIDEPORTIVO GETAFE |
| 20 | 56 | 22:59 | 3:50 | GAMEZ GOMEZ, JESUS | 1970 | 20 | VMB | 2 | INDEPENDIENTE |
| 21 | 32 | 23:10 | 3:52 | CEREZO NEVADO, RUBEN | 1993 | 21 | SM | 11 | AMIGOS DEL ATLETISMO DE VALDEMORO |
| 22 | 35 | 23:22 | 3:54 | COLLADO HERRERO, JORGE | 1983 | 22 | SM | 12 | INDEPENDIENTE |
| 23 | 104 | 23:27 | 3:55 | MARTINEZ SANCHEZ, SERGIO | 1978 | 23 | VMA | 9 | RUNNING VILLAREJO |
| 24 | 154 | 23:40 | 3:57 | SAIDI, MOHAMED | 2002 | 24 | SM | 13 | AMIGOS DEL ATLETISMO |
| 25 | 109 | 23:41 | 3:57 | MENA ESCRIBANO, MIGUEL | 1983 | 25 | SM | 14 | INDEPENDIENTE |
| 26 | 11 | 23:44 | 3:58 | BARDERA RODRIGUEZ, RAFAEL | 1969 | 26 | VMB | 3 | L@S CHIC@S DEL LAGO |
| 27 | 48 | 23:48 | 3:58 | ESPINOSA GARCIA, JAVIER | 1974 | 27 | VMA | 10 | CLUB ATLETISMO SESEÑA |
| 28 | 157 | 24:23 | 4:04 | SANCHEZ PIÑA, JOSUE | 1976 | 28 | VMA | 11 | CLUB ATLETISMO SESEÑA |
| 29 | 119 | 24:36 | 4:06 | MUÑOZ, DANIEL | 1988 | 29 | SM | 15 | DESAFIO RUNNING MOSTOLES |
| 30 | 162 | 24:39 | 4:07 | SOUTO BARRENA, JOSE MIGUEL | 1979 | 30 | VMA | 12 | EL CID TRIATLON |
| 31 | 164 | 24:46 | 4:08 | TORRES DE LA CRUZ, ANGEL | 1970 | 31 | VMB | 4 | AMIGOS DEL ATLETISMO DE VALDEMORO |
| 32 | 40 | 24:48 | 4:08 | DE LA PEÑA PAMPANAS, MANUEL | 1964 | 32 | VMB | 5 | AMIGOS DEL ATLETISMO DE VALDEMORO |
| 33 | 159 | 24:49 | 4:09 | SANTOFIMIA BERASTEGUI, ALBERTO | 1984 | 33 | SM | 16 | INDEPENDIENTE |
| 34 | 10 | 24:56 | 4:10 | BALLESTEROS OSUNA, MANUEL | 1980 | 34 | VMA | 13 | CLUB ATLETISMO SESEÑA |
| 35 | 94 | 24:58 | 4:10 | LUQUE GARCIA, EDUARDO JOSE | 1994 | 35 | SM | 17 | INDEPENDIENTE |
| 36 | 139 | 25:01 | 4:11 | PEREZ SANCHEZ, DAVID | 1976 | 36 | VMA | 14 | DESAFIO RUNNING MOSTOLES |
| 37 | 38 | 25:07 | 4:12 | DE LA ESCALERA ARMINIO, ALVARO | 1964 | 37 | VMB | 6 | AMIGOS DEL ATLETISMO DE VALDEMORO |
| 38 | 111 | 25:11 | 4:12 | MOLINA MORENO, SALVADOR | 1967 | 38 | VMB | 7 | AMIGOS DEL ATLETISMO DE VALDEMORO |
| 39 | 108 | 25:14 | 4:13 | MAZA-MADRAZO CHIVA, MIGUEL | 2006 | 39 | SM | 18 | C.A. GRUPO OASIS |
| 40 | 153 | 25:15 | 4:13 | SAGERAS, PEDRO | 1995 | 40 | SM | 19 | INDEPENDIENTE |
| 41 | 127 | 25:22 | 4:14 | PABLOS, RAFAEL | 1983 | 41 | SM | 20 | VALDERUNNERS |
| 42 | 98 | 25:25 | 4:15 | MARTINEZ, PEDRO | 1980 | 42 | VMA | 15 | AMIGOS DEL ATLETISMO DE VALDEMORO |
| 43 | 14 | 25:26 | 4:15 | BLAZQUEZ CALVO, ROBERTO | 1975 | 43 | VMA | 16 | INDEPENDIENTE |
| 44 | 57 | 25:30 | 4:15 | GARCIA BELLON, LUIS | 1985 | 44 | SM | 21 | INDEPENDIENTE |
| 45 | 8 | 25:35 | 4:16 | ARGÜESO MARTIN, JUAN DE | 1970 | 45 | VMB | 8 | BICIDEVALDE |
| 46 | 46 | 25:39 | 4:17 | DOMINGUEZ MUÑOZ, JAVIER | 1962 | 46 | VMB | 9 | PERLAS TRIATLON COLMENAR VIEJO |
| 47 | 99 | 25:42 | 4:17 | MARTINEZ AGUADO, JOSE MARIA | 1978 | 47 | VMA | 17 | CUÑAD@S DE BARIACOBA |
| 48 | 19 | 25:53 | 4:19 | CALLEJO SAEZ, MIGUEL | 1997 | 48 | SM | 22 | AMIGOS DEL ATLETISMO DE VALDEMORO |
| 49 | 69 | 25:56 | 4:20 | GOMEZ RECOVENIS, BENITO | 1964 | 49 | VMB | 10 | AMIGOS DEL ATLETISMO DE VALDEMORO |
| 50 | 44 | 25:59 | 4:20 | DIEGUEZ GOICOECHEA, ROBERTO | 1975 | 50 | VMA | 18 | INDEPENDIENTE |
| 51 | 66 | 26:05 | 4:21 | GATA MORAN, VICTOR MANUEL | 1982 | 51 | VMA | 19 | DESAFIO RUNNING MOSTOLES |
| 52 | 112 | 26:09 | 4:22 | MOLINERO MOLINERO, DANIEL | 1978 | 52 | VMA | 20 | INDEPENDIENTE |



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|--------|--------|--------|------|-----------------------------------|------|------|------|------|-----------------------------------|
| 53 | 155 | 26:17 | 4:23 | SAIZ CARRASCO, DAVID | 1981 | 53 | VMA | 21 | JABALIS RUNNERS |
| 54 | 102 | 26:19 | 4:24 | MARTINEZ CINJORDIS, NICOLAS | 2006 | 54 | SM | 23 | INDEPENDIENTE |
| 55 | 73 | 26:20 | 4:24 | GONZALEZ MOLINA, JUAN CARLOS | 1955 | 55 | VMB | 11 | T.C.R. TEAM MADRID |
| 56 | 120 | 26:25 | 4:25 | NAVAS NEVADO, MANUEL | 1974 | 56 | VMA | 22 | INDEPENDIENTE |
| 57 | 160 | 26:25 | 4:25 | SERRANO CAMBRONERO, DANIEL | 1977 | 57 | VMA | 23 | VALDERUNNERS |
| 58 | 93 | 26:26 | 4:25 | LUIS SANTIAGO, J FERNANDO | 1958 | 58 | VMB | 12 | DOMINGUEROS |
| 59 | 103 | 26:33 | 4:26 | MARTINEZ LABRADOR, JORGE | 1982 | 59 | VMA | 24 | VALDERUNNERS |
| 60 | 123 | 26:38 | 4:27 | OLMOS DE FRUTOS, DIEGO | 1978 | 60 | VMA | 25 | INDEPENDIENTE |
| 61 | 106 | 26:39 | 4:27 | MARTINO MARTINEZ, MIGUEL | 1970 | 61 | VMB | 13 | INDEPENDIENTE |
| 62 | 33 | 26:41 | 4:27 | COBOS BENAVENTE, PEDRO CARLOS | 1977 | 62 | VMA | 26 | TRIATLON VILLALBILLA |
| 63 | 465 | 26:42 | 4:27 | MARTINEZ LOPEZ, SERGIO | 1982 | 63 | VMA | 27 | TXINTXONE TEAM |
| 64 | 6 | 26:46 | 4:28 | APARICIO PAREDES, JAVIER | 1985 | 64 | SM | 24 | VALDERUNNERS |
| 65 | 117 | 26:48 | 4:28 | MORALES SANCHEZ, SARA | 2003 | 1 | SF | 1 | TRICIEMTOS |
| 66 | 166 | 26:55 | 4:30 | TORRIJOS MUÑOZ, CESAR | 1979 | 65 | VMA | 28 | AMIGOS DEL ATLETISMO DE VALDEMORO |
| 67 | 61 | 26:59 | 4:30 | GARCIA GONZALEZ, ANGEL | 1981 | 66 | VMA | 29 | DESAFIO RUNNING MOSTOLES |
| 68 | 50 | 27:01 | 4:31 | FERNANDEZ COLON, IVAN | 1978 | 67 | VMA | 30 | VALDERUNNERS |
| 69 | 163 | 27:03 | 4:31 | SOUTO BARRENA, SERGIO | 1976 | 68 | VMA | 31 | EL CID TRIATLON |
| 70 | 129 | 27:03 | 4:31 | PAJARES GALLEGO, OSCAR | 1972 | 69 | VMB | 14 | INDEPENDIENTE |
| 71 | 146 | 27:05 | 4:31 | REYES CERDA, VICTOR | 1981 | 70 | VMA | 32 | VALDERUNNERS |
| 72 | 195 | 27:06 | 4:31 | VALVERDE HERNANDEZ, PABLO | 2006 | 71 | SM | 25 | INDEPENDIENTE |
| 73 | 45 | 27:15 | 4:33 | DOMINGUEZ JORDAN DE URRIES, PABLO | 1981 | 72 | VMA | 33 | INDEPENDIENTE |
| 74 | 60 | 27:21 | 4:34 | GARCIA FERRO, FRANCISCO JAVIER | 1982 | 73 | VMA | 34 | VALDERUNNERS |
| 75 | 200 | 27:22 | 4:34 | LORENTE ALVAREZ, MANUEL | 1977 | 74 | VMA | 35 | SUANZES SAN BLAS |
| 76 | 63 | 27:24 | 4:34 | GARCIA NAVARRO, LAURA | 1986 | 2 | SF | 2 | EL CID TRIATLON |
| 77 | 5 | 27:29 | 4:35 | APARICIO PAREDES, ALICIA | 1979 | 3 | VFA | 1 | VALDERUNNERS |
| 78 | 114 | 27:31 | 4:36 | MONTEIRO LEAL, NILTON | 1977 | 75 | VMA | 36 | VALDERUNNERS |
| 79 | 55 | 27:34 | 4:36 | FRAILE JIMENEZ, JAVIER | 1963 | 76 | VMB | 15 | VALDERUNNERS |
| 80 | 88 | 27:44 | 4:38 | LOIS RIVADULLA, MARCOS | 1985 | 77 | SM | 26 | INDEPENDIENTE |
| 81 | 76 | 27:47 | 4:38 | HERNANDO PALOMERO, JOSUE | 1973 | 78 | VMA | 37 | DESAFIO RUNNING MOSTOLES |
| 82 | 2 | 27:47 | 4:38 | ALISEN ESPINOSA, VIRGINIA | 1976 | 4 | VFA | 2 | AMIGOS DEL ATLETISMO DE VALDEMORO |
| 83 | 122 | 27:49 | 4:39 | OJEDA JIMENEZ, ANTONIO | 1973 | 79 | VMA | 38 | INDEPENDIENTE |
| 84 | 149 | 27:50 | 4:39 | ROMERO RODRIGUEZ, MONICA | 1981 | 5 | VFA | 3 | INDEPENDIENTE |
| 85 | 91 | 27:54 | 4:39 | LOPEZ TEJEDOR, GUILLERMO | 1975 | 80 | VMA | 39 | INDEPENDIENTE |
| 86 | 196 | 27:55 | 4:40 | VESELINOVA BELETSOVA, BLAGA | 1990 | 6 | SF | 3 | INDEPENDIENTE |
| 87 | 41 | 27:56 | 4:40 | DE LA PUENTE GUILLARDIN, JAVIER | 1977 | 81 | VMA | 40 | AMIGOS DEL ATLETISMO DE VALDEMORO |
| 88 | 79 | 27:59 | 4:40 | INFANTES GALLEGO, KIKO | 1983 | 82 | SM | 27 | EL CID TRIATLON |
| 89 | 62 | 28:02 | 4:41 | GARCIA MATEO, ANGEL | 1978 | 83 | VMA | 41 | VALDERUNNERS |
| 90 | 145 | 28:11 | 4:42 | REDONDO ESCOBEDO, ESTEFANIA | 1985 | 7 | SF | 4 | AMIGOS DEL ATLETISMO DE VALDEMORO |
| 91 | 86 | 28:15 | 4:43 | LIAÑO ORTIZ, RAFA | 1968 | 84 | VMB | 16 | VALDERUNNERS |
| 92 | 151 | 28:15 | 4:43 | RUEDA BALLESTEROS, IRENE | 1989 | 8 | SF | 5 | DESAFIO RUNNING MOSTOLES |
| 93 | 72 | 28:17 | 4:43 | GONZALEZ GRANADOS, ROBERTO | 1980 | 85 | VMA | 42 | INDEPENDIENTE |
| 94 | 29 | 28:19 | 4:44 | CAÑIZARES MARTINEZ, LUIS | 1961 | 86 | VMB | 17 | DESGUACE MUSICAL |
| 95 | 65 | 28:32 | 4:46 | GARRIDO RODRIGUEZ, ANDONI | 1987 | 87 | SM | 28 | INDEPENDIENTE |
| 96 | 67 | 28:36 | 4:46 | GIL RODRIGO, SERGIO | 1975 | 88 | VMA | 43 | INDEPENDIENTE |
| 97 | 100 | 28:36 | 4:46 | MARTINEZ ARROYO, LUIS | 1968 | 89 | VMB | 18 | INDEPENDIENTE |
| 98 | 128 | 28:36 | 4:46 | PACHECO JUAREZ, JACINTO | 1965 | 90 | VMB | 19 | AD EMT MADRID |
| 99 | 131 | 28:52 | 4:49 | PALACIOS HERNANDEZ, GABRIEL | 1968 | 91 | VMB | 20 | VALDERUNNERS |
| 100 | 37 | 28:53 | 4:49 | CRUCEIRA MUÑOZ, ISABEL | 1986 | 9 | SF | 6 | VALDERUNNERS |
| 101 | 136 | 28:59 | 4:50 | PERALES RUIZ, BELEN | 1971 | 10 | VFB | 1 | ATLETISMO SUANZES SAN BLAS |
| 102 | 12 | 29:00 | 4:50 | BESTEIRO GONZALEZ, LUIS MIGUEL | 1990 | 92 | SM | 29 | INDEPENDIENTE |
| 103 | 68 | 29:00 | 4:50 | GIMENEZ CACHO, FERNANDO | 1981 | 93 | VMA | 44 | AMIGOS DEL ATLETISMO DE VALDEMORO |
| 104 | 197 | 29:00 | 4:50 | VILLEGAS MUÑOZ, SANTI | 1979 | 94 | VMA | 45 | INDEPENDIENTE |
| 105 | 70 | 29:05 | 4:51 | GONZALEZ DE LA FUENTE, LORETXU | 1983 | 11 | SF | 7 | CLUB ATLETISMO VILLAVERDE |
| 106 | 16 | 29:26 | 4:55 | BUTTINI, GIUSEPPE | 1966 | 95 | VMB | 21 | VALDERUNNERS |
| 107 | 42 | 29:27 | 4:55 | DE MUNCK, CECILIA | 1965 | 12 | VFB | 2 | C.A. GRUPO OASIS |
| 108 | 52 | 29:27 | 4:55 | FERNANDEZ PEREZ, MARIANO | 1963 | 96 | VMB | 22 | C.A. GRUPO OASIS |

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|--------|--------|--------|------|-------------------------------------|------|------|------|------|-----------------------------------|
| 109 | 150 | 29:34 | 4:56 | RONCERO MORENO, MIRIAM PILAR | 1977 | 13 | VFA | 4 | INDEPENDIENTE |
| 110 | 97 | 29:35 | 4:56 | MARTIN PEREZ, RAUL | 1976 | 97 | VMA | 46 | INDEPENDIENTE |
| 111 | 7 | 29:43 | 4:58 | ARANDA ZARAGOZA, JESUS | 1977 | 98 | VMA | 47 | AMIGOS DEL ATLETISMO DE VALDEMORO |
| 112 | 92 | 29:44 | 4:58 | LORENZO BARBADO, IVAN | 1977 | 99 | VMA | 48 | INDEPENDIENTE |
| 113 | 124 | 29:44 | 4:58 | ORTEGA ARRIBAS, ALEJANDRO | 1994 | 100 | SM | 30 | CLUB POLIDEPORTIVO GETAFE |
| 114 | 167 | 29:55 | 5:00 | UBIDE RUIZ, ISABEL | 1965 | 14 | VFB | 3 | C.A. GRUPO OASIS |
| 115 | 84 | 29:58 | 5:00 | JUSTO NAVARRO, MIGUEL ANGEL | 1985 | 101 | SM | 31 | INDEPENDIENTE |
| 116 | 135 | 29:59 | 5:00 | PECH, RAMONA | 1983 | 15 | SF | 8 | INDEPENDIENTE |
| 117 | 51 | 30:04 | 5:01 | FERNANDEZ GONZALEZ, DANIELA | 1990 | 16 | SF | 9 | L@S CHIC@S DEL LAGO |
| 118 | 23 | 30:05 | 5:01 | CAMARA PALOMINO, MARIA TERESA | 1983 | 17 | SF | 10 | INDEPENDIENTE |
| 119 | 24 | 30:05 | 5:01 | CAMARA PALOMINO, PEDRO LUIS | 1990 | 102 | SM | 32 | VALDERUNNERS |
| 120 | 4 | 30:10 | 5:02 | ANTON LOPEZ, MARIA | 1969 | 18 | VFB | 4 | C.A. GRUPO OASIS |
| 121 | 28 | 30:13 | 5:03 | CAÑAS LEON, MARIA | 1990 | 19 | SF | 11 | VALDERUNNERS |
| 122 | 147 | 30:40 | 5:07 | RICO JIMENEZ, JUAN CRISTOBAL | 1978 | 103 | VMA | 49 | AMIGOS DEL ATLETISMO DE VALDEMORO |
| 123 | 90 | 30:40 | 5:07 | LOPEZ MONTERO, CARMEN | 1968 | 20 | VFB | 5 | CLUB ATLETISMO GRUPO OASIS |
| 124 | 134 | 30:49 | 5:09 | PECH, OLIVER | 1972 | 104 | VMB | 23 | INDEPENDIENTE |
| 125 | 15 | 31:00 | 5:10 | BOROX JIMENEZ, JOSE | 1979 | 105 | VMA | 50 | VALDERUNNERS |
| 126 | 105 | 31:01 | 5:11 | MARTINEZ TRUJILLO, VANESSA | 1978 | 21 | VFA | 5 | VALDERUNNERS |
| 127 | 71 | 31:04 | 5:11 | GONZALEZ FRAGUA, JUAN CARLOS | 1968 | 106 | VMB | 24 | VALDERUNNERS |
| 128 | 148 | 31:11 | 5:12 | ROMERO PEREZ, BEATRIZ | 1984 | 22 | SF | 12 | INDEPENDIENTE |
| 129 | 77 | 31:38 | 5:17 | HUELAMO SERRANO, ALVARO | 1986 | 107 | SM | 33 | VALDERUNNERS |
| 130 | 31 | 31:40 | 5:17 | CASTELLANOS TRIVIÑO, DANIEL | 1970 | 108 | VMB | 25 | VALDERUNNERS |
| 131 | 87 | 31:52 | 5:19 | LLUSIA GARCIA, ANA | 1975 | 23 | VFA | 6 | INDEPENDIENTE |
| 132 | 158 | 32:05 | 5:21 | SANCHEZ SANCHEZ, ARMINDA | 1977 | 24 | VFA | 7 | RUNNING VILLAREJO |
| 133 | 466 | 32:08 | 5:22 | QUINTAS JOVEN, JAVIER | 1974 | 109 | VMA | 51 | VALDERUNNERS |
| 134 | 165 | 32:11 | 5:22 | TORRES SESMERO, MAITE | 1977 | 25 | VFA | 8 | L@S CHIC@S DEL LAGO |
| 135 | 161 | 32:13 | 5:23 | SERRANO PEREZ, SALVADOR | 1965 | 110 | VMB | 26 | AMIGOS DEL ATLETISMO DE VALDEMORO |
| 136 | 121 | 32:22 | 5:24 | NUÑEZ MOYA, MARIA GRACIA | 1971 | 26 | VFB | 6 | L@S CHIC@S DEL LAGO |
| 137 | 141 | 32:23 | 5:24 | PRASHAR, SANJIV | 1966 | 111 | VMB | 27 | INDEPENDIENTE |
| 138 | 58 | 32:38 | 5:27 | GARCIA COLLADO, NEREA | 1992 | 27 | SF | 13 | INDEPENDIENTE |
| 139 | 156 | 32:39 | 5:27 | SANCHEZ GOMEZ, GUILLERMO | 1988 | 112 | SM | 34 | INDEPENDIENTE |
| 140 | 82 | 33:17 | 5:33 | JIMENEZ REQUENA, JUAN MIGUEL | 1973 | 113 | VMA | 52 | L@S CHIC@S DEL LAGO |
| 141 | 74 | 33:22 | 5:34 | GUERRERO GARCIA, ANTONIO | 1975 | 114 | VMA | 53 | INDEPENDIENTE |
| 142 | 20 | 34:13 | 5:43 | CALZADO BAENA, MANUEL | 1978 | 115 | VMA | 54 | META 2004 |
| 143 | 140 | 34:14 | 5:43 | PLATA MANZANERO, IRENE | 1982 | 28 | VFA | 9 | INDEPENDIENTE |
| 144 | 132 | 34:26 | 5:45 | PANUFNIK, MARTA | 1985 | 29 | SF | 14 | CLUB ATLETISMO CERVANTES ALCALA |
| 145 | 78 | 34:29 | 5:45 | HUERTA BENANVENTE, FRANCISCO GINES | 1975 | 116 | VMA | 55 | RUNNING VILLAREJO |
| 146 | 25 | 35:17 | 5:53 | CAMPA SAEZ, CRISTINA | 1975 | 30 | VFA | 10 | VALDERUNNERS |
| 147 | 107 | 35:29 | 5:55 | MATESANZ BLANCO, EVA | 1982 | 31 | VFA | 11 | VALDERUNNERS |
| 148 | 95 | 36:06 | 6:01 | MANQUILLO GARVIA, ANGELES | 1969 | 32 | VFB | 7 | VALDERUNNERS |
| 149 | 39 | 36:13 | 6:03 | DE LA FUENTE DE LA FUENTE, REMEDIOS | 1973 | 33 | VFA | 12 | INDEPENDIENTE |
| 150 | 64 | 36:13 | 6:03 | GARCIA RODRIGUEZ, JUAN JESUS | 1972 | 117 | VMB | 28 | INDEPENDIENTE |
| 151 | 101 | 36:42 | 6:07 | MARTINEZ BARRADO, ALEJANDRO | 1995 | 118 | SM | 35 | INDEPENDIENTE |
| 152 | 118 | 37:15 | 6:13 | MORALES SANCHEZ, MARIA | 1985 | 34 | SF | 15 | INDEPENDIENTE |
| 153 | 110 | 37:15 | 6:13 | MOHAMED ABDEL-LAH, SAMIRA | 1993 | 35 | SF | 16 | INDEPENDIENTE |
| 154 | 133 | 37:44 | 6:18 | PARAMO CASTRO, MARIA | 1981 | 36 | VFA | 13 | VALDERUNNERS |
| 155 | 17 | 38:00 | 6:20 | CABALLERO NUÑEZ, FELIX | 1977 | 119 | VMA | 56 | L@S CHIC@S DEL LAGO |
| 156 | 80 | 38:28 | 6:25 | JAUA CHRISTIANSEN, BEATRIZ | 1997 | 37 | SF | 17 | INDEPENDIENTE |
| 157 | 1 | 39:02 | 6:31 | ALAMEDA BENITO, ALMUDENA | 1971 | 38 | VFB | 8 | VALDERUNNERS |
| 158 | 467 | 39:03 | 6:31 | MARTINEZ ALDEZABAR, VALENTIN | 1974 | 120 | VMA | 57 | VALDERUNNERS |
| 159 | 47 | 39:03 | 6:31 | ESPADA GRACIA, BELEN | 1970 | 39 | VFB | 9 | VALDERUNNERS |