

## ACTA DEL CAMPEONATO

### 800m Abs Masc

#### Final

Pto	Dor	Nombre Club	F de Nac Lic	Calle	Marca	Ptos
<b>Final A 12/05/2019 18:00</b>						
1	421	Javier Talavera Jimenez A.A. Mostoles	20/06/2002 M4697	5	<b>1:57.62</b>	<b>820</b>
2	126	Roberto Casanova Navarro Liberbank-CA Toledo	07/06/1999 TO4722	6	<b>1:58.30</b>	<b>803</b>
3	582	Juan Jose Crespo Rincon Union Atletica Coslada	06/11/1973 M470	3	<b>1:58.64</b>	<b>794</b>
4	527	Daniel Corrochano Diego UDAT Talavera	24/02/1990 M4813	1	<b>1:59.27</b>	<b>779</b>
5	178	Jorge Alonso Muñoz Edward Athletic	10/09/1998 M1161	7	<b>1:59.45</b>	<b>774</b>
6	154	(t) Jaime Navarro Estacio E.A. Majadahonda	10/02/2001 M10626	2	<b>1:59.83</b>	<b>765</b>
7	309	(t) Alejandro Novillo Garcia Marathon Aranjuez	17/09/1992 M12596	11	<b>2:00.01</b>	<b>760</b>
8	215	Kamal Buoryal Amakran A.A. Mostoles	16/10/2001 M3081	10	<b>2:02.63</b>	<b>697</b>
9	426	Nicolas Martin Martin Alcampo Scorpio 71	15/12/2000 M1824	9	<b>2:03.72</b>	<b>672</b>
10	277	Jorge Del Alamo Pallero Colmenar Viejo	31/08/2002 M3431	8	<b>2:04.22</b>	<b>661</b>
11	203	Raul Benito Perez At. Arroyomolinos	11/01/2000 M7852	12	<b>2:05.31</b>	<b>636</b>
	148	Alejandro Nogales Pavon At. Arroyomolinos	16/04/1998 M5110	4	<b>AB</b>	
<b>Final B 12/05/2019 18:00</b>						
1	192	Samuel Vergara Lopez A.D. Marathon	18/06/2003 M4598	4	<b>2:03.63</b>	<b>674</b>
2	232	Juan Antonio Bogo Diaz PoliSoria-Caja Rural	08/03/1983 SO3346	5	<b>2:03.64</b>	<b>674</b>
3	73	Fabian Blanco Zautner A.D. Sprint	23/02/2001 M9707	3	<b>2:04.91</b>	<b>645</b>
4	259	Pablo Sanchez Herrero Running Pinto	28/12/1997 M2554	6	<b>2:06.11</b>	<b>618</b>
5	137	(e) Jefferson Francisco Defran Vallejo Lynze Parla	20/05/1998 M12003	9	<b>2:07.42</b>	<b>589</b>
6	370	(t) Martin De Frutos Muñoz Running Pinto	28/09/2000 M2571	12	<b>2:07.51</b>	<b>587</b>
7	253	(t) Rafael Dominguez Palos Lynze Parla	21/11/1996 M4088	2	<b>2:07.78</b>	<b>582</b>
8	82	Fernando Lopez Lennon-hunt A.D. Sprint	12/11/2001 M5805	11	<b>2:07.80</b>	<b>581</b>
9	257	(t) Mario Diaz Herrero At Pozuelo	04/10/2001 M11623	7	<b>2:08.08</b>	<b>575</b>
10	193	(t) Mario Zurdo Ballesteros A.D. Marathon	11/12/2002 M11567	1	<b>2:08.20</b>	<b>573</b>
11	460	(t) Rodrigo Garcia Almagro Union Atletica Coslada	16/01/2003 M9058	10	<b>2:08.46</b>	<b>567</b>
12	793	Ricardo Simarro Fernandez Val. Martin Berlanas	02/07/1976 M7388	8	<b>2:09.64</b>	<b>542</b>
<b>Final C 12/05/2019 18:00</b>						
1	340	(t) Mario Ricote Diaz A. A. Moratalaz	06/02/2002 M13532	3	<b>2:11.02</b>	<b>514</b>
2	500	Oscar Diaz-pavon Calzas At. Fuenlabrada	09/12/2002 M9997	5	<b>2:12.37</b>	<b>487</b>
3	709	Julian Vacas Sanchez Ajalkala	07/07/1971 M9291	6	<b>2:12.50</b>	<b>485</b>
4	888	(t) Daniel Garcia Guzman A.D. Sprint	22/06/2002 M14976	10	<b>2:13.95</b>	<b>457</b>
5	330	(t) Carlos Ruiz Garcia A.A. Mostoles	04/04/1990 M1247	12	<b>2:17.16</b>	<b>398</b>
6	572	(t) Javier De La Cruz Diaz Ciudad de los Poetas	29/09/2002 M3813	7	<b>2:19.50</b>	<b>357</b>
7	191	(t) David Nuñez Asensio A.D. Marathon	05/03/2003 M756	8	<b>2:20.09</b>	<b>347</b>

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#### Final

Pto	Dor	Nombre Club	F de Nac Lic	Calle	Marca	Ptos
8	573	(t) Gael Delso Perez Ciudad de los Poetas	03/09/2003 M2290	4	2:20.74	337
9	988	Alberto Yagüe Lopez INDEPENDIENTE	08/04/1977 M2738	2	2:24.99	271
10	312	(t) Cesar Figueras Muñoz At. Arroyomolinos	08/03/1969 M12024	9	2:28.81	218
11	593	(t) Daniel Ramos Dominguez Union Atletica Coslada	02/02/1979 M13718	11	2:30.22	199
12	231	Juan Lopez-herce Saracibar A. A. Moratalaz	21/04/1994 M9940	1	2:32.87	168
<b>Final D 12/05/2019 18:00</b>						
1	245	Yesua García García UDAT Talavera	06/08/1991 TO5284	9	2:08.02	576
2	488	(t) Eugenio Espinosa De Los Monteros Martínez At Pozuelo	04/12/2002 M14878	6	2:10.77	519
3	11	Adalberto Bencomo Legarza CA Atalaya Tejina	13/10/2000 TF22263	8	2:11.43	506
4	178	Diego De Juan Barbarroja A.D. Marathon	03/03/2002 M7811	7	2:12.45	486
5	15	Rodrigo Gonzalez Guerra Atletismo Alcorcon	08/10/1982 M3097	10	2:12.75	480
6	570	(t) Maldey Javier Rivera Via Ciudad de Rivas	03/02/2003 M4714	4	2:16.26	414
7	474	(t) Pablo Rodriguez Mateos Running Pinto	31/08/1992 M11986	3	2:17.64	389
8	710	Jose Martinez Calero Ajalkala	31/07/1971 M5332	1	2:18.32	377
9	306	Francisco Blanco Garcia At. Arroyomolinos	18/12/1970 M12801	2	2:24.34	280
10	476	Miguel Angel Sanz Vilches SS. Reyes - CC. Menorca	15/03/1959 M11990	11	2:25.48	264
11	348	(t) Francisco De Asis Sanz Santillan A. A. Moratalaz	23/08/2002 M13705	5	2:29.65	207

### 1.000m Sub 16 Masc

#### Final

Pto	Dor	Nombre Club	F de Nac Lic	Orden	Marca	Ptos
<b>Final A 12/05/2019 17:30</b>						
1	1056	Marcos Ramajo Ruiz Ardillas-Escorial	26/08/2004 M13856	7	2:44.96	
2	1209	Mateo Anllo Cruz VinoToro CRural	03/02/2004 M14001	2	2:44.98	
3	840	(e) (t) Faris Bamoallem Titanes	29/07/2005 M11236	10	2:45.24	
4	1004	(t) Ruben Torrejon Rodriguez Running Pinto	19/08/2004 M4649	6	3:02.33	
5	547	Fernando Magano Aguado SS. Reyes - CC. Menorca	13/08/2004 M1227	4	3:06.19	
6	839	(t) Iñigo Brasero Pardow Titanes	15/02/2005 M11238	5	3:06.58	
7	1003	(t) Marco Cerejido Gutierrez Running Pinto	24/12/2004 M4586	11	3:09.61	
8	838	(t) Javier Cobas Lorente Titanes	07/04/2004 M13563	9	3:09.68	
9	800	(t) Pablo Peña Romero Ciudad de los Poetas	01/12/2004 M9020	1	3:11.03	
10	118	(t) Rodrigo Madrid Coco A.D. Sprint	16/02/2005 M5838	3	3:15.46	
11	801	(t) Luis Alejandro Pérez Tellez Ciudad de los Poetas	22/11/2004 M599	8	3:16.13	

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### 1.000m Sub 16 Masc

#### Final

Pto	Dor	Nombre Club	F de Nac Lic	Orden	Marca	Ptos
<b>Final B 12/05/2019 17:30</b>						
1	1112	(t) Ignacio Ayesa Gonzalez Recuerdo	15/03/2005 M13954	6	<b>3:12.31</b>	
2	806	(t) Jonas Vigil Lara Ciudad de los Poetas	02/05/2004 M12304	1	<b>3:12.40</b>	
3	518	Alvaro Vargas Gutierrez A.A. Mostoles	27/07/2005 M3325	7	<b>3:13.06</b>	
4	799	(t) Alvaro Peña Romero Ciudad de los Poetas	01/12/2004 M9561	3	<b>3:13.82</b>	
5	798	(t) Jorge De Alba Palomino-Ilaguno Ciudad de los Poetas	20/01/2005 M12282	5	<b>3:18.23</b>	
6	802	(t) Aitor Perrino Marcos Ciudad de los Poetas	26/05/2005 M12298	10	<b>3:19.10</b>	
7	804	(t) Luis Jorge Plaza Luengo Ciudad de los Poetas	02/02/2004 M12300	9	<b>3:23.83</b>	
8	803	(t) Jaime Nicolas Plaza Luengo Ciudad de los Poetas	02/02/2004 M12299	2	<b>3:23.95</b>	
9	1098	(t) Enrique Perez Vadillo Myrmidons	07/05/2004 M5414	8	<b>3:38.23</b>	
10	522	(t) Aaron Monroy Manzano A.A. Mostoles	21/01/2005 M7282	4	<b>3:38.42</b>	

### 1.500m Abs Masc

#### Final

Pto	Dor	Nombre Club	F de Nac Lic	Orden	Marca	Ptos
<b>Final A 12/05/2019 18:40</b>						
1	172	Pablo Bravo Encinas A.D. Marathon	06/01/2002 M3496	4	<b>4:13.87</b>	<b>699</b>
2	153	Miguel Angel Lozano Melero A.A. Mostoles	05/09/1999 M7764	2	<b>4:16.39</b>	<b>672</b>
3	312	(t) Jorge Sabugal Martin Marathon Aranjuez	10/12/1994 M9107	14	<b>4:17.14</b>	<b>664</b>
4	130	(e) David Anthony Cowlshaw A.D. Marathon	17/09/1967 M575	11	<b>4:17.76</b>	<b>658</b>
5	436	Pablo Caldevilla Calderon Ciudad de Rivas	20/06/1996 M5702	10	<b>4:19.04</b>	<b>645</b>
6	502	Raul Prieto Blanco At. Fuenlabrada	06/12/2002 M3653	13	<b>4:20.16</b>	<b>633</b>
7	438	Alejandro De La Torre Navarro Municipal Arganda	06/02/2003 M2930	3	<b>4:24.81</b>	<b>587</b>
8	259	Elfazar Canton Serrano Atletismo Manchego	14/10/2001 TO5177	15	<b>4:26.25</b>	<b>573</b>
9	503	Diego Rodriguez Mateo At. Fuenlabrada	21/01/2003 M6186	1	<b>4:26.93</b>	<b>566</b>
10	376	Jose Antonio De La Cruz Mora Marathon Aranjuez	06/06/1977 M9260	5	<b>4:29.55</b>	<b>541</b>
11	701	Juan Prieto Martin Ajalkala	21/01/1967 M750	9	<b>4:30.56</b>	<b>532</b>
12	106	Daniel Redondo Muñoz Suanzes San Blas	27/12/1990 M9762	12	<b>4:32.06</b>	<b>518</b>
13	577	(t) Adrian Serrano Martin Ciudad de los Poetas	27/07/2003 M11542	8	<b>4:32.74</b>	<b>512</b>
14	730	Javier Laloma Gutierrez Ciudad de Rivas	26/05/1982 M12750	7	<b>4:34.32</b>	<b>498</b>

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### 1.500m Abs Masc

#### Final

Pto	Dor	Nombre Club	F de Nac Lic	Orden	Marca	Ptos
<b>Final B 12/05/2019 18:40</b>						
1	46	Juan Ignacio Rubio Platero Atletismo Alcorcon	23/05/1988 M12772	4	<b>4:27.46</b>	<b>561</b>
2	181	Juan Del Pozo Del Olmo A.D. Marathon	16/05/2003 M8414	3	<b>4:28.85</b>	<b>548</b>
3	285	Raul Rebollo Añover CD At Dromos	08/01/1998 M6789	2	<b>4:37.89</b>	<b>466</b>
4	36	Eloy Torralba Fernandez Atletismo Alcorcon	22/10/1970 M121	12	<b>4:38.39</b>	<b>462</b>
5	8	David Bedoya Nuñez Atletismo Alcorcon	25/02/1978 M3323	1	<b>4:38.82</b>	<b>458</b>
6	868	(t) Jose Enrique Perez Prieto Myrmidons	27/11/1978 M2368	8	<b>4:39.28</b>	<b>454</b>
7	927	Fernando Diaz Blanco 26millas MATICAL	07/12/1981 M6460	13	<b>4:39.97</b>	<b>448</b>
8	271	(t) Antonio Martin Martin At. Arroyomolinos	14/01/1985 M8790	10	<b>4:42.31</b>	<b>428</b>
9	133	(t) Victor Martinez Gonzalez Atletismo Leganes	13/03/2000 M11944	7	<b>4:43.41</b>	<b>419</b>
10	581	(t) Jaime Revilla Bernabe Ciudad de los Poetas	29/09/2003 M2285	5	<b>4:47.42</b>	<b>387</b>
11	65	Olivier Sanchez-angel Muñoz A.D. Sprint	10/09/1970 M3238	15	<b>4:48.32</b>	<b>380</b>
12	363	(t) Miguel Huerta Madroñal Canguro A.A.C.	19/05/1995 M8721	6	<b>4:53.66</b>	<b>339</b>
13	533	Pedro Pablo Lopez Rodriguez Canguro A.A.C.	14/12/1961 M9573	14	<b>5:20.79</b>	<b>167</b>
	268	Jose Soler Pelegrin A. A. Moratalaz	19/10/1954 M499	11	<b>NP</b>	
<b>Final C 12/05/2019 18:40</b>						
1	320	(e) Mohamed El Hamiani A.A. Mostoles	25/03/1994 M9046	9	<b>4:13.08</b>	<b>707</b>
2	162	Alejandro Camacho Molina Liberbank-CA Toledo	13/10/2001 TO4854	3	<b>4:15.02</b>	<b>686</b>
3	190	Carlos Muñoz Cerro A.D. Marathon	14/06/2002 M12725	15	<b>4:15.55</b>	<b>681</b>
4	143	Ruben Angel Fernandez At. Arroyomolinos	12/02/1998 M5078	2	<b>4:16.88</b>	<b>667</b>
5	258	Santiago Lozano Gomez-recuero UDAT Talavera	05/11/1997 TO4703	8	<b>4:17.11</b>	<b>665</b>
6	146	Jesus Diaz Del Campo Ruiz At. Arroyomolinos	04/04/1998 M5681	10	<b>4:20.15</b>	<b>633</b>
7	504	Pablo Rodriguez Pereira At. Fuenlabrada	11/04/2002 M9852	13	<b>4:25.73</b>	<b>578</b>
8	594	José Luis Kowarik Jiménez CD Gredos San Diego	25/04/2002 M2991	11	<b>4:46.33</b>	<b>395</b>
9	636	(t) Francisco Javier Prieto Amorin Edward Athletic	17/03/1969 M12689	12	<b>4:46.61</b>	<b>393</b>
10	973	Mario Antonio Nombela Tarrío Sporting Hortaleza	18/06/1983 M4878	1	<b>4:49.31</b>	<b>372</b>
11	317	Joaquin Izquierdo Oliva At. Arroyomolinos	07/11/1978 M9251	4	<b>4:55.97</b>	<b>322</b>
12	565	Jose Maria Somalo Alvarez Canguro A.A.C.	09/07/1964 M3483	5	<b>5:01.87</b>	<b>280</b>
13	321	Carlos Ponce De Leon Lopez At. Arroyomolinos	06/03/1973 M9678	7	<b>5:04.47</b>	<b>263</b>
14	76	(t) Pablo Garcia Martinez A.D. Marathon	16/03/1999 M12721	17	<b>5:13.43</b>	<b>208</b>
15	103	(t) Javier Ramos Delgado Suanzes San Blas	19/01/1985 M14725	6	<b>5:30.69</b>	<b>119</b>
	148	Alejandro Nogales Pavon At. Arroyomolinos	16/04/1998 M5110	16	<b>NP</b>	
	607	Israel De Frutos Gonzalez Track Cross Road Team	04/10/1977 M2405	14	<b>NP</b>	

## ACTA DEL CAMPEONATO

### 3.000m Abs Masc

#### Final

Pto	Dor	Nombre Club	F de Nac Lic	Orden	Marca	Ptos
<b>Final A 12/05/2019 19:15</b>						
1	383	Jaime Gonzalez Mancha Union Atletica Coslada	27/11/1991 M3218	3	<b>8:31.06</b>	<b>881</b>
2	254	Mario Calvo Gonzalez CD Surco Aventura	19/03/1995 CO6904	1	<b>8:50.16</b>	<b>782</b>
3	783	Adrian De La Orden Andrino Go Fit Athletics	02/12/2002 M10437	14	<b>8:59.46</b>	<b>736</b>
4	66	Daniel Martin Perez UDAT Talavera	18/03/1999 TO4697	18	<b>9:00.05</b>	<b>733</b>
5	1055	Ronaldo Olivo Mercedes Ardillas-Escorial	08/10/2004 M5506	6	<b>9:02.84</b>	<b>719</b>
6	318	Borja Rodriguez Echevarria A.A. Mostoles	26/09/1994 M10575	17	<b>9:03.84</b>	<b>714</b>
7	86	Javier Ramirez De Arellano Torrico A.D. Sprint	09/12/1986 M2597	7	<b>9:06.62</b>	<b>701</b>
8	53	Francisco Javier Hidalgo Alonso A.D. Sprint	18/07/1969 M1413	16	<b>9:06.65</b>	<b>701</b>
9	143	Lionel Fernandez Fernandez A.D. Marathon	30/06/1985 M4045	13	<b>9:09.65</b>	<b>687</b>
10	372	Jorge Cristobal Gomez Lynze Parla	01/05/2003 M4114	8	<b>9:12.78</b>	<b>672</b>
11	416	Eduardo Lozano Melero A.A. Mostoles	27/03/2003 M983	5	<b>9:12.92</b>	<b>671</b>
12	133	Felix Galan Delgado Suanzes San Blas	30/11/2003 M10483	11	<b>9:15.46</b>	<b>659</b>
13	274	(t) Yusef Santos Karim Colmenar Viejo	31/10/2002 M1049	12	<b>9:18.16</b>	<b>647</b>
14	229	David Lopez Bricio Ciudad de Rivas	29/11/1998 M3395	9	<b>9:18.41</b>	<b>646</b>
15	131	Santiago De La Fuente Martin A.D. Marathon	15/11/1974 M2106	2	<b>9:33.04</b>	<b>580</b>
16	528	Miguel Ángel Muñoz Jiménez UDAT Talavera	28/01/1991 M4816	10	<b>9:37.80</b>	<b>560</b>
17	529	Francisco Jose Quiles Fernandez Cluc Kukimbia Navalcamero	16/07/1987 M7771	15	<b>9:57.60</b>	<b>478</b>
	536	David Lorenzo Sanchez Real Sociedad	17/08/1993 M1260	4	<b>AB</b>	
<b>Final B 12/05/2019 19:15</b>						
1	288	Luis Eduardo Sousa El Souki Club Corredores	25/09/1988 M6458	16	<b>9:18.82</b>	<b>644</b>
2	553	(t) Mario Jimenez Caricol Cronos Villaviciosa	08/01/2002 M12545	10	<b>9:22.82</b>	<b>626</b>
3	150	Mario Peinado Garrido Clínica Menorca CAUG	06/08/1994 GU1122	9	<b>9:27.38</b>	<b>605</b>
4	548	Fernando Moreno Iglesias Canguro A.A.C.	25/04/1975 M2521	12	<b>9:28.86</b>	<b>599</b>
5	441	(t) Rodrigo Garcia Martin Ciudad de Rivas	07/06/1996 M12745	3	<b>9:32.36</b>	<b>583</b>
6	139	David Gonzalez Cogolludo A.D. Marathon	15/04/1976 M1172	14	<b>9:32.83</b>	<b>581</b>
7	29	Daniel Saez Minguez Atletismo Alcorcon	10/09/1999 M9579	7	<b>9:35.89</b>	<b>568</b>
8	737	Alberto Serrano Gonzalez Ciudad de los Poetas	03/03/1971 M6056	13	<b>9:36.75</b>	<b>564</b>
9	536	Carlos Manrique Juan Canguro A.A.C.	27/09/1983 M8723	2	<b>9:37.63</b>	<b>561</b>
10	195	(t) Jose Antonio Noguero Perez A.A. Valdemoro	09/03/1983 M9703	15	<b>9:40.86</b>	<b>547</b>
11	106	Daniel Redondo Muñoz Suanzes San Blas	27/12/1990 M9762	11	<b>9:48.11</b>	<b>517</b>
12	164	Pablo Sevilla Martinez A.D. Marathon	22/09/1988 M1556	6	<b>9:49.18</b>	<b>512</b>
13	146	Jorge Hernandez Rico A.D. Marathon	23/07/1995 M13132	5	<b>9:50.13</b>	<b>508</b>
14	93	Alejandro Lopez Fernandez Atletismo Leganes	17/07/1999 M11947	8	<b>9:54.37</b>	<b>491</b>

## ACTA DEL CAMPEONATO

### 3.000m Abs Masc

#### Final

Pto	Dor	Nombre Club	F de Nac Lic	Orden	Marca	Ptos
15	228	Daniel Gomez Moreno Ciudad de Rivas	22/01/1998 M3442	4	9:54.71	490
	172	(t) Antonio Lazaro Hernandez A. A. Moratalaz	16/07/2000 M628	1	NP	
<b>Final C 12/05/2019 19:15</b>						
1	876	Jose Luis Alvarez Ramos At Cervantes Alcala	28/04/1976 M12267	4	9:49.61	510
2	333	Kareem Ajlani Carles A.A. Mostoles	04/06/1989 M12462	3	9:52.39	499
3	745	(t) Miguel Lopez-vidriero Gonzalez Myrmidons	24/09/2002 M5291	8	9:53.36	495
4	779	Marcos Hernansanz Luque Ciudad de Rivas	21/11/2004 M4416	1	10:02.74	458
5	299	(t) Gonzalo Cordoba Jimenez Cronos Villaviciosa	30/12/2000 M6201	7	10:29.69	360
6	530	(t) Gregorio Hermoso Romero Canguro A.A.C.	03/02/1967 M8717	9	10:31.61	353
7	199	Angel Ruiz Grande A.A. Valdemoro	27/10/1966 M4143	16	10:35.19	341
8	193	(t) Pedro Martinez Garcia A.A. Valdemoro	15/08/1977 M4118	14	10:44.71	310
9	257	Alaa Eddin Tarhouchi El Morabit Running Pinto	10/05/1999 M4644	11	10:47.65	301
10	993	(t) Miguel Angel Parras Ramirez At. Boadilla del Monte	07/09/1969 M14402	5	11:09.18	237
11	430	Pablo Trigo Anca A. A. Moratalaz	08/03/2004 M8878	6	11:10.80	233
12	473	(t) Andres Garcia Gonzalez-roman Ardillas-Escorial	02/10/2001 M14970	12	11:16.84	216
13	905	Saturnino Rodriguez Pardo At Guadarrama	01/10/1974 M731	15	11:22.61	201
14	999	(t) Daniel Rodriguez Rodriguez At. Collado Villalba	06/10/2004 M8856	13	11:23.06	200
15	332	(t) Jorge Martinez Alvarez A. A. Moratalaz	26/11/2002 M10062	2	11:38.83	162
	600	Manuel Alonso Domingo Track Cross Road Team	21/03/1936 M576	10	NP	



## ACTA DEL CAMPEONATO

### Longitud Abs Masc

Pto	Dor	Nombre Club	F de Nac Lic	1	2	3	4	5	6	Marca	Ptos
<b>Final 12/05/2019 19:30</b>											
1	188	Fabian Mesa Furones A.D. Marathon	20/08/2002 M11113	6.30 -2.0	6.54 +0.0	6.45 +0.0	X +0.0	6.64 +0.0	X +0.0	<b>6.64</b> +0.0	<b>845</b>
2	130	Fernando Sevilla Izquierdo A.D. Marathon	06/12/2000 M3519	6.28 -1.2	4.79 +0.0	X +0.0	5.91 -0.8	X +0.0	6.14 +0.0	<b>6.28</b> -1.2	<b>769</b>
3	377	Carlos Sanchez Flores Lynze Parla	03/12/2003 M7708	X -1.5	X +0.0	6.11 +0.0	X +0.0	X +0.0	6.26 +0.0	<b>6.26</b> +0.0	<b>765</b>
4	257	Carlos Javier Perez Hernandez Meliz Sport Club	01/02/1995 LP1103	X +2.0	X +0.0	6.26 +0.0	X +0.0	X +0.0	X +0.0	<b>6.26</b> +0.0	<b>765</b>
5	591	Fernando Pajuelo Resino Union Atletica Coslada	19/02/1983 M2790	5.95 +0.0	5.84 +0.0	6.05 +0.0	6.05 +0.0	5.76 +0.0	5.89 +0.0	<b>6.05</b> +0.0	<b>721</b>
6	99	Morna Izcara Herreros A.D. Sprint	19/12/2003 M3734	5.49 +0.0	X -0.1	5.73 +0.0	5.75 +0.0	5.93 +0.0	5.83 +0.0	<b>5.93</b> +0.0	<b>696</b>
7	251	Christian Cruz Criado CA Teleno	12/02/1995 L4882	5.76 +1.1	5.36 +0.0	5.46 +0.0	4.42 +0.0	5.91 +0.7	5.64 +0.0	<b>5.91</b> +0.7	<b>691</b>
8	99	Carlos Hernando Herrero Suanzes San Blas	13/09/1993 M4952	5.80 +0.6	4.74 +0.0	5.58 +0.0	5.55 +0.0	5.73 +0.0	5.61 +0.0	<b>5.80</b> +0.6	<b>668</b>
9	778	Manuel Varela Ramirez Go Fit Athletics	04/02/2002 M5796	5.69 +0.0	5.58 -0.5	5.61 +0.0				<b>5.69</b> +0.0	<b>645</b>
10	612	(t) Andres Lopez Gasca Atletismo Moralzarl	07/08/2002 M814	5.68 -1.0	5.56 +0.0	5.54 +0.0				<b>5.68</b> -1.0	<b>643</b>
11	584	Alejandro Garcia De Pedro Ciudad de los Poetas	13/02/2003 M2286	5.59 +0.0	5.53 -1.4	4.95 +0.0				<b>5.59</b> +0.0	<b>624</b>
12	271	(t) Marcos Siegfried Pinzolas E.A. Majadahonda	02/01/2002 M10847	5.32 +0.0	5.27 -1.8	5.41 +0.0				<b>5.41</b> +0.0	<b>587</b>
13	283	Jose Maria Fernandez Sanchez Lynze Parla	13/03/1978 M384	5.41 +0.0	5.32 -1.5	5.25 +0.0				<b>5.41</b> +0.0	<b>587</b>
14	280	(e) (t) Abdelilah El Mansouri CA Torrejon de Ardoz	01/02/1997 M10856	5.31 -0.1	X +0.0	5.39 +0.0				<b>5.39</b> +0.0	<b>583</b>
15	567	(t) Juan Dorado Ranera Municipal Arganda	11/05/2004 M12040	5.25 +0.0	4.81 -1.7	5.25 +0.0				<b>5.25</b> +0.0	<b>554</b>
16	678	(t) Daniel Martin Robles Polideportivo Getafe	11/12/2002 M13308	X +0.0	5.18 +0.0	4.71 +0.0				<b>5.18</b> +0.0	<b>539</b>
17	613	(t) Alejandro San Feliciano Sevilla Atletismo Moralzarl	07/02/2003 M8816	4.78 -2.5	5.11 +0.0	4.98 +0.0				<b>5.11</b> +0.0	<b>525</b>
18	586	(t) Naim Chenlouni Gomez Ciudad de los Poetas	04/09/2003 M12280	5.04 +0.0	4.83 -0.4	5.02 +0.0				<b>5.04</b> +0.0	<b>510</b>
19	770	(t) Diego Cendon Blanco Recuerdo	03/12/2003 M5269	4.93 +0.0	4.89 -0.1	4.85 +0.0				<b>4.93</b> +0.0	<b>488</b>
20	410	Andres Hervas Cascales A.A. Mostoles	27/09/2003 M6098	4.93 +0.9	4.62 +0.0	4.85 +0.0				<b>4.93</b> +0.9	<b>488</b>
21	529	Roberto Gil Garcia A.A. Mostoles	05/05/2004 M7030	4.71 +0.0	4.89 +0.0	X -0.1				<b>4.89</b> +0.0	<b>480</b>
22	276	(t) Victor Lopez Patino Ardillas-Escorial	01/12/1997 M4475	4.73 -0.2	4.39 -0.6	4.65 +0.0				<b>4.73</b> -0.2	<b>447</b>
23	601	(e) (t) Senjie Xu Titanes	03/06/2003 M13596	4.49 -2.0	4.48 +0.0	4.59 +0.0				<b>4.59</b> +0.0	<b>418</b>
24	306	Francisco Blanco Garcia At. Arroyomolinos	18/12/1970 M12801	X +0.0	4.06 +0.0	4.43 +0.0				<b>4.43</b> +0.0	<b>385</b>
25	263	Manuel Reyes Navarro A. A. Moratalaz	07/03/1955 M4142	4.10 -2.3	4.29 +0.0	X +0.0				<b>4.29</b> +0.0	<b>357</b>
26	180	Lorenzo Albadaejo Martinez A.D. Marathon	04/05/1990 MU12348	3.32 -0.1	3.35 +0.0	X +0.0				<b>3.35</b> +0.0	<b>167</b>
	329	Alberto Mansilla Martin A.A. Mostoles	16/05/1990 M1676							<b>NP</b>	

## ACTA DEL CAMPEONATO

### Peso (5kg) Sub 18 Masc

Pto	Dor	Nombre Club	F de Nac Lic	1	2	3	4	5	6	Marca	Ptos
<b>Final 12/05/2019 17:00</b>											
1	778	Manuel Varela Ramirez Go Fit Athletics	04/02/2002 M5796	14.69	X	X	14.50	14.79	14.12	14.79	811
2	267	Marcos Ocaña De La Fuente E.A. Majadahonda	20/02/2003 M1148	X	12.35	12.42	12.23	13.30	13.46	13.46	732
3	305	Adrian Benito Ayala A. A. Moratalaz	06/09/2002 M319	11.58	11.46	X	X	11.45	X	11.58	621
4	225	José Luis Gómez García E.A. Majadahonda	22/12/1958 M2213	10.80	11.06	10.49	10.36	10.41	10.75	11.06	591
5	113	Luis Perez Marquez Arte Fisico	16/10/2002 EX7063	10.26	10.73	10.51	10.25	10.58	10.23	10.73	571
6	612	(t) Andres Lopez Gasca Atletismo Moralarzal	07/08/2002 M814	X	X	10.50	X	X	X	10.50	558
7	105	(t) Marco Piña Del Moral A.D. Sprint	12/06/2003 M7743	9.82	9.95	8.91				9.95	525
8	268	(t) Alejandro Parra Lafuente E.A. Majadahonda	02/07/2002 M5217	9.24	9.81	9.29				9.81	517
9	144	(t) Miguel Ruiz Ballesteros Suanzes San Blas	31/03/2003 M9603	X	8.93	9.37				9.37	491
10	337	(t) Diego Ortego Lopez A. A. Moratalaz	20/07/2003 M8855	9.21	7.40	8.67				9.21	482
11	332	(t) Jorge Martinez Alvarez A. A. Moratalaz	26/11/2002 M10062	8.58	8.87	7.71				8.87	462
12	9	Miguel Blasco Blasco Atletismo Alcorcon	29/05/1956 M2701	8.58	8.65	8.67				8.67	450
13	134	Pablo Galay Rey Suanzes San Blas	21/11/2003 M4824	7.45	8.16	7.08				8.16	420
14	139	Pedro Hierro Martin Suanzes San Blas	01/07/2003 M9883	7.85	X	8.15				8.15	419
15	146	Juan Manuel Segovia Gamo Suanzes San Blas	02/10/2003 M9740	7.62	7.50	7.61				7.62	388
	434	(t) Marcos Martin Muñoz SS. Reyes - CC. Menorca	16/06/2003 M643	X	X	X				SM	
	635	Martin Zulueta Garcia CD Colegio Base	29/01/2002 M7485							NP	

### Peso (6kg) Sub 20 Masc

Pto	Dor	Nombre Club	F de Nac Lic	1	2	3	4	5	6	Marca	Ptos
<b>Final 12/05/2019 17:00</b>											
1	871	Francisco Javier Garcia Olivas CD At Dromos	04/02/1967 M547	9.95	9.95	10.61	10.42	10.66	9.90	10.66	567
2	534	Javier Lucia Sainz Canguro A.A.C.	11/04/1966 M4841	10.44	9.55	X	9.98	9.70	9.99	10.44	554
	570	Jesus Vicente Velazquez Canguro A.A.C.	03/01/1960 M2859							NP	



## ACTA DEL CAMPEONATO

### Peso (7,260kg) Abs Masc

Pto	Dor	Nombre Club	F de Nac Lic	1	2	3	4	5	6	Marca	Ptos
<b>Final 12/05/2019 18:20</b>											
1	494	(t) Alvaro Del Amo Cano CD At Dromos	20/01/1990 M543	11.00	X	11.85	12.25	12.39	12.25	<b>12.39</b>	<b>669</b>
2	400	(t) Raul Garcia Taranco At. Fuenlabrada	05/08/1994 M49	11.03	11.05	11.27	11.37	11.76	X	<b>11.76</b>	<b>632</b>
3	68	Iñigo Fernandez Galarraga A.D. Sprint	19/04/1977 M14734	10.85	11.68	11.51	11.69	10.83	10.96	<b>11.69</b>	<b>628</b>
4	269	Carlos Solis Martinez A. A. Moratalaz	20/04/1979 M3610	10.17	X	X	10.59	X	11.26	<b>11.26</b>	<b>602</b>
5	1015	Francisco Javier Pavon Garcia A. A. Moratalaz	11/05/1979 M14842	10.66	11.23	11.00	X	X	X	<b>11.23</b>	<b>601</b>
6	338	Antonio Emiliano Anton Lazaro A.A. Mostoles	22/04/1985 M2757	10.36	11.16	X	X	-	-	<b>11.16</b>	<b>597</b>
7	103	Manuel Alejandro Menendez Martin Suanzes San Blas	22/05/1980 M1821	9.36	X	X	9.55	9.01	9.76	<b>9.76</b>	<b>514</b>
8	871	Francisco Javier Garcia Olivas CD At Dromos	04/02/1967 M547	9.26	9.12	9.46	8.60	9.55	9.14	<b>9.55</b>	<b>502</b>
9	258	Miguel Gonzalez Silva A. A. Moratalaz	13/08/1974 M10976	9.05	X	8.67				<b>9.05</b>	<b>472</b>
10	1014	Pedro Ortego Garcia A. A. Moratalaz	19/09/1972 M14627	8.11	8.00	8.14				<b>8.14</b>	<b>419</b>
11	308	Roberto Colmenarejo Jover At. Arroyomolinos	09/11/1969 M9405	6.83	6.14	X				<b>6.83</b>	<b>342</b>
12	312	(t) Cesar Figueras Muñoz At. Arroyomolinos	08/03/1969 M12024	6.54	X	5.42				<b>6.54</b>	<b>325</b>
13	106	Daniel Redondo Muñoz Suanzes San Blas	27/12/1990 M9762	5.81	-	5.46				<b>5.81</b>	<b>282</b>
	415	(t) Juan Moreno Borrillo Grupo Oasis Tres Cantos	29/05/1988 M10678							<b>NP</b>	
	448	Francisco Familiar Gutierrez A.A. Mostoles	09/09/1975 M12628							<b>NP</b>	
	570	Jesus Vicente Velazquez Canguro A.A.C.	03/01/1960 M2859							<b>NP</b>	

## ACTA DEL CAMPEONATO

### Jabalina (800g) Abs Masc

Pto	Dor	Nombre Club	F de Nac Lic	1	2	3	4	5	6	Marca	Ptos
<b>Final 12/05/2019 17:00</b>											
1	587	Jose Armando Gomez Hortelano Union Atletica Coslada	12/04/1983 M10286	44.49	43.71	42.34	42.88	43.91	44.27	<b>44.49</b>	<b>599</b>
2	158	Daniel Varela Ramirez E.A. Majadahonda	06/09/2000 M5795	41.51	41.74	X	41.38	40.24	43.86	<b>43.86</b>	<b>590</b>
3	338	Antonio Emiliano Anton Lazaro A.A. Mostoles	22/04/1985 M2757	33.19	36.99	36.69	36.18	38.00	38.88	<b>38.88</b>	<b>520</b>
4	311	Samuel Fernandez Vicente At. Arroyomolinos	28/06/1980 M7038	X	36.30	36.81	36.00	37.67	X	<b>37.67</b>	<b>503</b>
5	37	Enrique Torres De Lucas Atletismo Alcorcon	19/07/1979 M4451	34.92	X	36.11	36.21	36.19	37.02	<b>37.02</b>	<b>494</b>
6	299	(t) Gonzalo Cordoba Jimenez Cronos Villaviciosa	30/12/2000 M6201	34.42	X	33.60	29.54	X	30.63	<b>34.42</b>	<b>458</b>
7	415	(t) Juan Moreno Borrallo Grupo Oasis Tres Cantos	29/05/1988 M10678	32.11	33.41	31.49	33.64	33.68	34.34	<b>34.34</b>	<b>457</b>
8	99	Carlos Hernando Herrero Suanzes San Blas	13/09/1993 M4952	34.21	29.31	26.75	25.65	27.59	27.03	<b>34.21</b>	<b>455</b>
9	103	Manuel Alejandro Menendez Martin Suanzes San Blas	22/05/1980 M1821	29.33	X	28.81				<b>29.33</b>	<b>387</b>
10	269	Carlos Solis Martinez A. A. Moratalaz	20/04/1979 M3610	X	23.36	X				<b>23.36</b>	<b>303</b>
11	303	Ruben Ruiz Simo Lynze Parla	22/10/1982 M4105	X	21.20	22.91				<b>22.91</b>	<b>297</b>
12	439	(t) Daniel Vega Manzano A.A. Mostoles	08/04/1980 M185	22.12	20.96	20.44				<b>22.12</b>	<b>286</b>
13	258	Miguel Gonzalez Silva A. A. Moratalaz	13/08/1974 M10976	X	20.07	18.90				<b>20.07</b>	<b>257</b>
14	1014	Pedro Ortego Garcia A. A. Moratalaz	19/09/1972 M14627	16.53	18.20	19.09				<b>19.09</b>	<b>244</b>
15	312	(t) Cesar Figueras Muñoz At. Arroyomolinos	08/03/1969 M12024	15.58	X	-				<b>15.58</b>	<b>195</b>
16	1015	Francisco Javier Pavon Garcia A. A. Moratalaz	11/05/1979 M14842	X	X	13.53				<b>13.53</b>	<b>166</b>
	577	David Barrero Garcia Union Atletica Coslada	25/03/1981 M562							<b>NP</b>	

## ACTA DEL CAMPEONATO

### 800m Abs Fem

#### Final

Pto	Dor	Nombre Club	F de Nac Lic	Calle	Marca	Ptos
<b>Final A 12/05/2019 18:00</b>						
1	156	Patricia Guerra Espinosa A.D. Marathon	14/03/2003 M6257	5	<b>2:22.31</b>	<b>797</b>
2	44	Marta Bayo Agustin Caredent Guadalajara	22/02/1990 GU1992	1	<b>2:23.34</b>	<b>782</b>
3	411	Mararia Bravo Garcia A.A. Mostoles	22/09/2003 M6129	4	<b>2:24.12</b>	<b>771</b>
4	715	(e) Fatima El Mouarraf Ardillas-Escorial	15/12/2003 M4530	14	<b>2:25.61</b>	<b>749</b>
5	414	Sandra Encinas Iglesias A.A. Mostoles	23/04/2003 M3415	9	<b>2:25.97</b>	<b>744</b>
6	424	Andrea Maria Acedo Hernandez A.A. Mostoles	04/04/2002 M3413	13	<b>2:28.22</b>	<b>712</b>
7	619	Laura Bellido Herrera CD Colegio Base	25/12/2003 M8615	6	<b>2:30.22</b>	<b>684</b>
8	347	Olga Sanchez-valladares Garcia A. A. Moratalaz	25/12/2002 M10461	10	<b>2:33.22</b>	<b>644</b>
9	284	Andrea Pino Cruz CD At Dromos	04/03/1998 M9891	2	<b>2:33.51</b>	<b>640</b>
10	4	Silvia Cuenca Martinez Atletismo Alcorcon	17/03/1997 M3804	12	<b>2:38.91</b>	<b>570</b>
11	304	(e) Roxana Anamaria Ionescu CA Torrejon de Ardoz	21/01/1981 M14289	11	<b>2:43.30</b>	<b>517</b>
12	282	(t) Estefania Perez Prieto Myrmidons	17/01/1999 M4635	8	<b>2:47.75</b>	<b>465</b>
13	282	Maria Dolores Martinez Mata CA Torrejon de Ardoz	29/05/1974 M867	3	<b>2:48.30</b>	<b>459</b>
14	742	Sara Rojo Puerma CA Torrejon de Ardoz	20/01/2002 M9374	7	<b>2:49.96</b>	<b>440</b>
<b>Final B 12/05/2019 18:00</b>						
1	199	Daniela Fra Palmer At. Arroyomolinos	29/02/2000 M2827	10	<b>2:24.19</b>	<b>770</b>
2	198	Beatriz Serrano Farraces UDAT Talavera	04/02/1989 TO5285	2	<b>2:26.54</b>	<b>736</b>
3	328	(t) Maria Gomez Almendariz Club Corredores	13/02/1981 M14898	12	<b>2:33.85</b>	<b>636</b>
4	201	Maria Luisa Oyonarte Argudo At. Fuenlabrada	25/12/1968 M349	6	<b>2:34.69</b>	<b>624</b>
5	68	Julia Peñarubia Pozo A.D. Marathon	09/04/1998 M4592	9	<b>2:36.08</b>	<b>606</b>
6	208	Sofia Duro Lopez Colmenar Viejo	07/05/1994 M2761	7	<b>2:37.83</b>	<b>584</b>
7	157	Alicia Gutierrez Araque A.D. Marathon	14/02/2003 M6805	1	<b>2:40.58</b>	<b>550</b>
8	109	Lucia Hernandez Vicente A.D. Marathon	16/03/2001 M9709	10	<b>2:41.97</b>	<b>533</b>
9	503	(t) Carolina Bermejo Casero At Cervantes Alcala	03/03/1996 M13418	8	<b>2:53.15</b>	<b>406</b>
10	746	(t) Cristina Dominguez Gonzalez Myrmidons	11/06/2003 M8625	5	<b>2:59.95</b>	<b>337</b>
11	426	Beatriz Rodriguez Arrabal A.A. Mostoles	18/01/2002 M12629	11	<b>3:01.19</b>	<b>325</b>
12	10	Marta Cifuentes Garcia Atletismo Alcorcon	25/03/1971 M1318	3	<b>3:03.52</b>	<b>304</b>
13	331	(e) Elsa Marina Valdez Nuñez Track Cross Road Team	08/08/1970 M14893	13	<b>3:15.31</b>	<b>205</b>
	392	Laura Nuero Muñoz CA Torrejon de Ardoz	26/01/2001 M1791	4	<b>NP</b>	

## ACTA DEL CAMPEONATO

### 1.000m Sub 16 Fem

Pto	Dor	Nombre Club	F de Nac Lic	Orden	Marca	Ptos
<b>Final 12/05/2019 17:30</b>						
1	538	(e) Natalie Plamenova Bogdanova SS. Reyes - CC. Menorca	30/04/2005 M4253	6	<b>3:10.00</b>	
2	1002	Sandra Gonzalez San Martin At. Collado Villalba	18/03/2005 M9018	14	<b>3:11.30</b>	
3	528	Laura Acedo Hernandez A.A. Mostoles	06/06/2004 M1246	12	<b>3:14.01</b>	
4	790	(t) Claudia Dominguez Lopez-rivadulla Ciudad de los Poetas	23/01/2004 M9022	9	<b>3:15.11</b>	
5	549	Ana De La Iglesia Chavez SS. Reyes - CC. Menorca	16/10/2004 M1708	16	<b>3:15.74</b>	
6	688	(t) Angela Carolina Peco Wägner At Pozuelo	02/12/2004 M10429	4	<b>3:16.89</b>	
7	551	Paula Martin Lopez SS. Reyes - CC. Menorca	03/10/2004 M1181	8	<b>3:16.97</b>	
8	260	Laura Fernandez Sahornil CA Valladolid-U.Va	05/03/2005 VA8905	2	<b>3:17.79</b>	
9	1083	Shamara Piedra Martinez CA Torrejon de Ardoz	04/12/2005 M4311	1	<b>3:21.72</b>	
10	550	Rocio Lozano Muñoz SS. Reyes - CC. Menorca	20/09/2005 M13005	17	<b>3:23.96</b>	
11	552	Paula Morillo Vicente SS. Reyes - CC. Menorca	09/08/2005 M3123	10	<b>3:24.97</b>	
12	794	(t) Laura Revilla Bernabe Ciudad de los Poetas	05/05/2005 M2071	3	<b>3:28.80</b>	
13	1074	(e) (t) Ingrid Arias Belzer CAP Alcobendas	30/08/2005 M12140	18	<b>3:29.70</b>	
14	1046	Angie Aponte Garcia Ardillas-Escorial	04/11/2005 M12825	7	<b>3:37.94</b>	
15	293	(t) Aitana Abrante De La Fuente Atletismo Leganes	26/12/2004 M10795	13	<b>3:40.58</b>	
16	961	(t) Belén Gutiérrez De Corral Union Madrileña de Atletismo	07/11/2005 M6235	11	<b>3:47.20</b>	
17	615	(t) Diana Montejo Muñoz Union Atletica Coslada	16/05/2005 M3450	15	<b>4:11.85</b>	
	1177	(t) Carolina Colvee Romero E.A. Majadahonda	21/01/2005 M4606	5	<b>NP</b>	

## ACTA DEL CAMPEONATO

### 1.500m Abs Fem

#### Final

Pto	Dor	Nombre Club	F de Nac Lic	Orden	Marca	Ptos
<b>Final A 12/05/2019 18:40</b>						
1	114	Ana Lopez Perez Suanzes San Blas	08/08/2002 M8958	12	<b>4:49.00</b>	<b>844</b>
2	279	(e) Ivana Zagorac Club Corredores	13/01/1986 M12918	1	<b>4:52.21</b>	<b>822</b>
3	575	Noemi Valencia Villeta Ciudad de los Poetas	20/02/2003 M1629	7	<b>4:56.09</b>	<b>797</b>
4	409	Paula Villaverde Parra A.A. Mostoles	28/09/2003 M7758	9	<b>4:57.98</b>	<b>784</b>
5	73	Irene Vasquez Almazan A.D. Marathon	10/03/1999 M9655	2	<b>4:58.35</b>	<b>782</b>
6	150	Maria Gonzalez Alvarez Club Corredores	19/07/1997 M11335	13	<b>4:59.16</b>	<b>777</b>
7	427	Maria Nieves Campos Moreno Playas de Castellon	21/11/2001 M9805	4	<b>5:02.58</b>	<b>755</b>
8	720	Natalia Ruiz Lara Ardillas-Escorial	04/06/2003 M9973	6	<b>5:04.23</b>	<b>744</b>
9	716	Laura Etayo Blanco Ardillas-Escorial	17/12/2003 M682	8	<b>5:04.45</b>	<b>743</b>
10	216	Maria Diaz Fernandez A.A. Mostoles	18/09/2001 M3410	11	<b>5:05.42</b>	<b>737</b>
11	771	Almudena De Marcos Aparicio Recuerdo	20/11/2002 M5219	10	<b>5:06.22</b>	<b>732</b>
12	162	Andrea Martin Rivas A.D. Marathon	11/05/2002 M7932	5	<b>5:11.70</b>	<b>698</b>
13	12	Marina Peña Espinosa Atletismo Alcorcon	06/08/1999 M5947	3	<b>5:21.76</b>	<b>638</b>
<b>Final B 12/05/2019 18:40</b>						
1	582	(t) Claudia Impuesto Colas Ciudad de los Poetas	31/10/2003 M8913	3	<b>5:23.86</b>	<b>626</b>
2	139	Melanie Ramirez De La Antonia A.A. Mostoles	03/02/1977 M7019	6	<b>5:30.42</b>	<b>588</b>
3	63	Marina Johanna Navarro Engesser A.D. Sprint	18/10/2000 M1659	5	<b>5:36.24</b>	<b>556</b>
4	29	Natalia Valles Gonzalez Atletismo Alcorcon	28/03/2002 M6414	9	<b>5:37.83</b>	<b>547</b>
5	286	(t) Nieves López Campesino At Cervantes Alcala	15/03/1970 M12273	10	<b>5:39.70</b>	<b>537</b>
6	327	Raquel Vázquez González CD Gredos San Diego	26/09/2000 M3351	4	<b>5:55.99</b>	<b>453</b>
7	323	Sara De La Fuente Martinez CD Gredos San Diego	22/03/2000 M5597	8	<b>5:58.90</b>	<b>439</b>
8	412	Zaira Villar De Saz Toribio A.A. Mostoles	21/07/2003 M4596	11	<b>6:00.03</b>	<b>434</b>
9	333	(e) Moe Matsumoto A. A. Moratalaz	14/11/2003 M8829	2	<b>6:23.28</b>	<b>329</b>
10	118	Carmen Pinto Montes Club Corredores	30/09/1966 M8810	7	<b>6:26.80</b>	<b>314</b>
	319	Ariadna Garrido Garcia A. A. Moratalaz	29/09/2003 M5810	1	<b>NP</b>	

## ACTA DEL CAMPEONATO

### 3.000m Abs Fem

Pto	Dor	Nombre Club	F de Nac Lic	Orden	Marca	Ptos
<b>Final 12/05/2019 19:30</b>						
1	337	Sara Reglero Marcos A.A. Mostoles	12/01/1988 M646	9	10:31.88	819
2	1051	Rocio Plana Herranz Ardillas-Escorial	29/06/2004 M679	6	10:59.37	742
3	472	(t) Paula Diaz Sanchez Running Pinto	16/03/1989 M3625	4	11:02.02	734
4	326	Maria Anaya Martinez A.A. Mostoles	25/02/1991 M6526	3	11:18.53	690
5	14	Ana Rodriguez Sacristan Atletismo Alcorcon	08/09/1998 M1020	5	11:29.09	662
6	66	Noelia Ortega Martin A.D. Marathon	30/11/1998 M758	11	12:14.46	550
7	1048	Luna De La Fuente Sala Ardillas-Escorial	14/01/2005 M4513	8	12:19.72	537
8	548	Maria Acebes Arroyo SS. Reyes - CC. Menorca	02/12/2004 M1710	7	12:31.11	511
9	425	Arancha Sancho Maroto A. A. Moratalaz	04/10/2005 M13709	14	13:05.24	436
10	409	(e) Natalia Nefedova Grupo Oasis Tres Cantos	22/03/1988 M436	12	13:20.88	404
11	112	(t) Alba Espinos Macias A.D. Marathon	06/05/1995 M13202	1	14:03.91	321
	226	Eva Maria Gomez Trigo Union Atletica Coslada	07/05/1984 TO4939	10	AB	
	549	Ana De La Iglesia Chavez SS. Reyes - CC. Menorca	16/10/2004 M1708	13	NP	
	551	Paula Martin Lopez SS. Reyes - CC. Menorca	03/10/2004 M1181	2	NP	

### Pértiga Abs Fem

Pto	Dor	Nombre Club	F de Nac Lic	Marca	Ptos
<b>Final 12/05/2019 17:00</b>					
1	152	Diana Jimenez Guerrero A.A. Mostoles	10/09/1999 M3405	3.00	657
3.00 O/3.20 XXX					
2	255	Lucia Salgado Arce Atletismo Albacete	09/08/2000 GU1977	3.00	657
2.80 O/3.00 XXO/3.10 XXX					
3	331	Patricia Cerrada Martinez A.A. Mostoles	28/03/1990 M1757	2.60	538
2.40 O/2.60 O/2.80 XXX					
4	201	Aroa Gomez Fernandez At. Arroyomolinos	05/06/2000 M9649	2.40	479
2.40 O/2.60 XXX					
4	422	Maria Heras Roldan A.A. Mostoles	25/05/2002 M5260	2.40	479
1.80 -/2.10 O/2.40 O/2.60 XXX					
6	157	Maria Diaz Casado A.A. Mostoles	24/09/1997 M4331	2.10	391
1.80 O/2.10 O/2.40 XXX					
7	190	Sara Serrano Durruty A. A. Moratalaz	18/06/2000 M391	1.80	303
1.80 O/2.10 XXX					
8	158	Celia Heredia Muñoz A.D. Marathon	14/12/2003 M4620	1.80	303
1.80 XO/2.10 XXX					
8	117	Noelia Rodriguez Caballero Colmenar Viejo	11/10/1999 M9917	1.80	303
1.80 XO/2.10 XXX					
	911	Barbara Cosculluela Ordogh CA Las Rozas Miacum	26/01/2004 M12776	SM	
2.40 XXX					



## ACTA DEL CAMPEONATO

### Longitud Abs Fem

#### Final

Pto	Dor	Nombre Club	F de Nac Lic	1	2	3	4	5	6	Marca	Ptos
<b>Final A 12/05/2019 17:00</b>											
1	256	(e) Yuliana Elizabeth Angulo Jama Meliz Sport Club	06/07/1994 GU2116	6.09 +0.0	X -0.6	X +1.1	6.07 +0.0	4.63 +1.3	6.08 +0.9	<b>6.09</b> +0.0	<b>1.018</b>
2	829	Mara Rodriguez Martinez CD Gredos San Diego	03/08/2004 M9245	5.11 +0.0	5.26 +1.3	5.08 +0.4	4.80 +0.0	5.08 +0.5	X +1.0	<b>5.26</b> +1.3	<b>839</b>
3	910	Sofia Cosculluela Ordogh CA Las Rozas Miacum	26/01/2004 M9860	4.81 +0.0	X +0.0	X +0.0	4.86 +0.0	5.22 +1.3	4.94 +0.0	<b>5.22</b> +1.3	<b>830</b>
4	547	Alba Ramirez Martin Cronos Villaviciosa	06/09/2003 M7113	4.89 +0.0	4.93 +0.8	5.08 +1.2	4.95 +0.0	5.05 +0.9	4.80 +0.0	<b>5.08</b> +1.2	<b>801</b>
5	891	Alessandra Pastor Montrucchio CD Colegio Base	04/08/2004 M8800	4.79 +0.0	4.93 +1.9	4.82 +0.0	5.03 +0.0	4.85 +0.3	5.01 +0.0	<b>5.03</b> +0.0	<b>790</b>
6	625	Lucia Matesanz Estebanz CD Colegio Base	12/04/2002 M3580	4.69 +0.6	4.90 +1.6	X +1.0	-	-	-	<b>4.90</b> +1.6	<b>762</b>
7	550	Lucia Vaquero Canovas Cronos Villaviciosa	19/04/2002 M7114	4.65 +0.0	4.83 +0.8	X +0.0	4.53 +0.0	4.85 +1.6	4.66 +0.0	<b>4.85</b> +1.6	<b>751</b>
8	127	(e) Sophia Isadora Molina Lopez-negrete A. A. Moratalaz	05/02/1999 M8062	4.71 -1.7	X +1.4	4.52 +0.0	4.49 +0.6	4.48 +1.2	X -0.1	<b>4.71</b> -1.7	<b>722</b>
9	244	Elena Martinez Rodriguez E.A. Majadahonda	27/09/2002 M695	4.67 +0.0	X -1.0	4.46 -1.1				<b>4.67</b> +0.0	<b>713</b>
10	549	(t) Ruth Torres Suarez Cronos Villaviciosa	21/02/2002 M12657	X +0.0	4.65 +0.0	4.62 +0.0				<b>4.65</b> +0.0	<b>709</b>
11	5	Lucia Arroyo Navarrete Atletismo Alcorcon	17/02/2001 M9616	4.45 +0.0	4.49 +1.9	4.47 +0.0				<b>4.49</b> +1.9	<b>675</b>
12	328	Lorena De La Vega Ramirez A.A. Mostoles	24/07/1990 M171	4.41 +0.0	4.44 +0.0	4.35 +0.0				<b>4.44</b> +0.0	<b>665</b>
13	666	Patricia Martinez Garcia Edward Athletic	07/04/2004 M2999	4.16 +0.0	4.41 +0.0	4.38 +0.0				<b>4.41</b> +0.0	<b>658</b>
	629	Azul Snaider Pintos CD Colegio Base	01/09/2002 M4687							<b>SM</b>	
	617	Lucia Alonso Mendoza CD Colegio Base	10/09/2002 M5666							<b>SM</b>	
<b>Final B 12/05/2019 18:20</b>											
1	250	Ines Sagaz Spottorno E.A. Majadahonda	23/03/2002 M7219	X +1.1	4.54 +0.0	4.69 +0.0				<b>4.69</b> +0.0	<b>718</b>
2	152	Gema Del Valle Juarez A.D. Marathon	23/02/2003 M9758	4.47 +0.0	4.60 +0.1	4.53 +0.0				<b>4.60</b> +0.1	<b>698</b>
3	926	Irene Pardo Mugica CA Las Rozas Miacum	26/12/2005 M5451	X +0.1	4.58 +0.0	4.52 +0.0				<b>4.58</b> +0.0	<b>694</b>
4	423	Esther Gomez Arroyo A.A. Mostoles	23/04/2002 M4675	4.51 +1.7	4.47 +1.7	X -0.6				<b>4.51</b> +1.7	<b>679</b>
5	322	Jimena Gonzalez Jaramillo A. A. Moratalaz	01/12/2003 M5816	4.50 +2.0	4.32 +1.0	4.17 -0.2				<b>4.50</b> +2.0	<b>677</b>
6	4	Irene Arroyo Navarrete Atletismo Alcorcon	17/02/2001 M4684	4.48 +2.3	4.16 +1.4	4.16 -0.7				<b>4.48</b> +2.3	<b>673</b>
7	368	(e) Mabucaba Nater Carungal Lynze Parla	22/05/2003 M3281	4.06 +0.0	4.32 +0.6	4.38 +0.0				<b>4.38</b> +0.0	<b>652</b>
8	143	(t) María Montero Arias E.A. Majadahonda	14/08/2000 M11697	4.18 +1.0	4.23 +1.9	4.32 +0.0				<b>4.32</b> +0.0	<b>639</b>
9	580	(t) Estrella Martin Zapater Ciudad de los Poetas	11/05/2003 M3998	4.14 +1.1	X +1.4	X +0.0				<b>4.14</b> +1.1	<b>601</b>
10	13	(t) Georggina Ricca Alcaire Atletismo Alcorcon	07/07/1999 M2524	3.96 +1.1	3.98 +2.1	3.72 +0.0				<b>3.98</b> +2.1	<b>568</b>
11	77	Zulima Latorre Molina Lynze Parla	21/11/1983 M364	3.56 +0.0	3.70 +0.0	3.94 +1.4				<b>3.94</b> +1.4	<b>560</b>
12	177	Sara Rodriguez-borlado Garcia Caredent Guadalajara	10/07/2005 GU2106	3.88 +0.0	3.74 +0.0	3.72 +0.0				<b>3.88</b> +0.0	<b>547</b>
13	3	Myriam Clarisa Alcaire Ernst Atletismo Alcorcon	15/09/1968 M2336	3.80 +0.0	3.62 +1.2	3.76 +0.0				<b>3.80</b> +0.0	<b>530</b>
14	223	Elena Jimenez Navarro Atletismo Moralzarzal	24/06/1966 M2245	3.62 +1.5	3.62 +0.0	3.71 +0.0				<b>3.71</b> +0.0	<b>512</b>
15	224	Teresa Oria Conde Atletismo Moralzarzal	11/08/1971 M12591	3.48 +0.9	3.44 +0.6	3.63 +0.0				<b>3.63</b> +0.0	<b>495</b>
16	11	(t) Alejandra Montero Contreras Atletismo Alcorcon	27/11/1998 M11824	3.61 +0.2	X +0.0	X +0.0				<b>3.61</b> +0.2	<b>491</b>
17	2	María Del Carmen Aceña De Mesa Atletismo Alcorcon	25/12/1966 M2814	3.58 +0.0	3.51 +1.0	X +0.0				<b>3.58</b> +0.0	<b>485</b>

## ACTA DEL CAMPEONATO

### Longitud Abs Fem

#### Final

Pto	Dor	Nombre Club	F de Nac Lic	1	2	3	4	5	6	Marca	Ptos
18	672	(t) Alba Nuñez Aragon Polideportivo Getafe	19/05/2003 M4576	3.51 +0.0	3.48 +0.0	X +0.0				<b>3.51</b> +0.0	<b>470</b>
19	345	(t) Irene Sanchez Hurtado A. A. Moratalaz	22/07/2003 M10045	3.30 +0.0	3.41 +0.0	2.79 +0.0				<b>3.41</b> +0.0	<b>449</b>
20	239	(t) Desiree Vila Bargiela CA Las Rozas Miacum	15/06/1998 M11756	3.39 +0.0	3.14 +0.0	3.34 +0.0				<b>3.39</b> +0.0	<b>445</b>
21	334	(e) Zehra Maria Azis Club Corredores	09/02/1983 M14931	2.90 +0.7	2.89 +0.9	3.01 +0.1				<b>3.01</b> +0.1	<b>367</b>
22	14	Margarita Herance Lucio Atletismo Alcorcon	04/07/1958 M829	X +0.4	2.67 +1.7	2.76 -0.2				<b>2.76</b> -0.2	<b>316</b>
23	122	Maria De Los Angeles Vazquez Abeledo Club Corredores	05/02/1953 M9944	2.66 +0.5	2.53 +0.5	2.75 +1.0				<b>2.75</b> +1.0	<b>314</b>

### Peso (3kg) Sub 18 Fem

Pto	Dor	Nombre Club	F de Nac Lic	1	2	3	4	5	6	Marca	Ptos
<b>Final 12/05/2019 19:40</b>											
1	547	Alba Ramirez Martin Cronos Villaviciosa	06/09/2003 M7113	9.48	9.78	9.92	9.72	X	10.15	<b>10.15</b>	<b>595</b>
2	3	Myriam Clarisa Alcaire Ernst Atletismo Alcorcon	15/09/1968 M2336	8.29	9.00	8.84	9.06	8.83	X	<b>9.06</b>	<b>528</b>
3	515	Paula Romero Rodriguez At. Fuenlabrada	24/12/2002 M9966	8.50	X	8.17	8.68	8.56	X	<b>8.68</b>	<b>505</b>
4	428	(t) Carlota Hernandez Gomez SS. Reyes - CC. Menorca	07/03/2003 M1202	7.95	8.42	7.40	8.22	6.39	7.56	<b>8.42</b>	<b>489</b>
5	4	Lucia Caballero Perez Atletismo Alcorcon	25/02/2003 M3265	X	7.51	7.41	8.04	7.84	7.88	<b>8.04</b>	<b>465</b>
6	122	Maria De Los Angeles Vazquez Abeledo Club Corredores	05/02/1953 M9944	5.72	6.08	5.77				<b>6.08</b>	<b>345</b>
7	121	Carmen Arteaga Vazquez Club Corredores	11/08/1956 M4180	5.34	5.59	5.72				<b>5.72</b>	<b>323</b>
8	6	Maria Jose Briz Rodriguez Atletismo Alcorcon	21/06/1951 M1218	5.64	5.42	5.53				<b>5.64</b>	<b>318</b>
433		(t) Claudia Gil Rodriguez SS. Reyes - CC. Menorca	25/01/2003 M1198							<b>NP</b>	

### Peso (4kg) Abs Fem

Pto	Dor	Nombre Club	F de Nac Lic	1	2	3	4	5	6	Marca	Ptos
<b>Final 12/05/2019 19:40</b>											
1	109	(t) Maria Eugenia Gonzalez Rodriguez Club Corredores	01/11/1978 M8782	7.21	8.10	7.54	7.74	7.73	7.10	<b>8.10</b>	<b>469</b>
2	334	(e) Zehra Maria Azis Club Corredores	09/02/1983 M14931	7.28	7.79	8.07	7.39	7.35	8.09	<b>8.09</b>	<b>468</b>
3	94	(e) Emer Treacy Suanzes San Blas	08/09/1995 M12408	7.27	7.63	7.22	6.79	6.67	7.31	<b>7.63</b>	<b>440</b>
4	88	(t) Clara De Cossio Savin D'orford Suanzes San Blas	06/02/1992 M13408	X	6.91	6.74				<b>6.91</b>	<b>396</b>
5	103	Beatriz Gallego Garnacho Club Corredores	29/09/1975 M8780	6.75	6.59	6.88				<b>6.88</b>	<b>394</b>
6	13	(t) Georggina Ricca Alcaire Atletismo Alcorcon	07/07/1999 M2524	X	6.67	6.86				<b>6.86</b>	<b>393</b>
7	224	Teresa Oria Conde Atletismo Moralzarzal	11/08/1971 M12591	5.65	6.59	5.57				<b>6.59</b>	<b>376</b>
8	77	Zulima Latorre Molina Lynze Parla	21/11/1983 M364	X	6.55	X				<b>6.55</b>	<b>374</b>
9	110	Maria Teresa Huarte Itulain Club Corredores	23/03/1970 M13063	5.19	5.28	4.82				<b>5.28</b>	<b>296</b>
10	32	Maria Yolanda Rodrigo Garijo Suanzes San Blas	28/12/1974 M8556	4.54	4.83	5.10				<b>5.10</b>	<b>285</b>

## ACTA DEL CAMPEONATO

### Jabalina (600g) Abs Fem

Pto	Dor	Nombre Club	F de Nac Lic	1	2	3	4	5	6	Marca	Ptos
<b>Final 12/05/2019 18:40</b>											
1	447	Maria Del Carmen Guillen Lopez Oviedo At.	16/02/2000 M8577	30.83	33.05	29.24	31.72	31.52	34.15	<b>34.15</b>	<b>602</b>
2	368	(e) Mabucaba Nater Carungal Lynze Parla	22/05/2003 M3281	25.82	27.34	25.26	26.91	29.17	29.58	<b>29.58</b>	<b>518</b>
3	88	(t) Clara De Cossio Savin D'orford Suanzes San Blas	06/02/1992 M13408	23.81	X	21.60	23.12	26.25	26.72	<b>26.72</b>	<b>466</b>
4	429	Laura Rus Martinez CA Alicante	27/04/2000 M4552	X	22.93	24.56	21.17	22.81	21.60	<b>24.56</b>	<b>426</b>
5	221	(e) Lamyae Tanjaoui A.A. Mostoles	30/05/2000 M11219	22.79	21.58	X	22.43	22.20	23.33	<b>23.33</b>	<b>404</b>
6	111	Eva Paniagua Vela Club Corredores	02/02/1974 M11400	16.89	19.54	20.40	22.86	18.77	19.43	<b>22.86</b>	<b>395</b>
7	369	Lucia Ruiz Latorre Lynze Parla	01/03/2003 M9165	20.31	22.07	X	X	X	X	<b>22.07</b>	<b>381</b>
8	282	Maria Dolores Martinez Mata CA Torrejon de Ardoz	29/05/1974 M867	16.97	20.17	18.16	X	X	20.53	<b>20.53</b>	<b>353</b>
9	96	(t) Vanessa Dominguez Gomez A.A. Valdemoro	20/10/1998 M1622	X	17.80	19.91				<b>19.91</b>	<b>342</b>
10	140	Maria Gomez Escarda A.A. Mostoles	14/08/1976 M7772	17.28	16.28	18.85				<b>18.85</b>	<b>322</b>
11	127	(e) Sophia Isadora Molina Lopez-negrete A. A. Moratalaz	05/02/1999 M8062	X	17.87	X				<b>17.87</b>	<b>304</b>
12	103	Beatriz Gallego Garnacho Club Corredores	29/09/1975 M8780	17.36	16.65	X				<b>17.36</b>	<b>295</b>
13	95	(t) Sandra Dominguez Gomez A.A. Valdemoro	20/10/1998 M7945	15.49	15.25	14.58				<b>15.49</b>	<b>261</b>
14	109	(t) Maria Eugenia Gonzalez Rodriguez Club Corredores	01/11/1978 M8782	15.37	14.74	13.18				<b>15.37</b>	<b>259</b>
15	110	Maria Teresa Huarte Itulain Club Corredores	23/03/1970 M13063	13.08	11.04	13.06				<b>13.08</b>	<b>217</b>
16	2	Maria Del Carmen Aceña De Mesa Atletismo Alcorcon	25/12/1966 M2814	12.89	11.45	9.79				<b>12.89</b>	<b>214</b>
17	32	Maria Yolanda Rodrigo Garijo Suanzes San Blas	28/12/1974 M8556	12.40	11.70	11.13				<b>12.40</b>	<b>205</b>
	77	Zulima Latorre Molina Lynze Parla	21/11/1983 M364	X	X	X				<b>SM</b>	
	92	(t) Silvia Rodriguez Morales Suanzes San Blas	12/07/1990 M8989							<b>NP</b>	