

| Puesto | Dors. | Tiempo | Rit. | 3350m | Apellidos, Nombre | Año | P.S. | Cat. | P.C. | Club |
|--------|-------|--------|------|-------|------------------------------------|------|------|------|------|-----------------------------------|
| 1 | 404 | 22:20 | 3:20 | 11:35 | DEL POZO ALVAREZ, MIGUEL | 1981 | 1 | VMA | 1 | C.A. SUANZES - SAN BLAS |
| 2 | 438 | 22:41 | 3:24 | 11:36 | GONZALEZ CIDON, JESUS | 1989 | 2 | SM | 1 | CENADOR RUA NOVA RUNNING |
| 3 | 460 | 22:55 | 3:26 | 11:57 | RIAL MORCILLO, MANUEL | 1979 | 3 | VMA | 2 | 26MILLAS |
| 4 | 446 | 23:27 | 3:30 | 11:58 | MARCOS BALLESTEROS, BORJA | 1999 | 4 | SM | 2 | MARATHON |
| 5 | 411 | 23:32 | 3:31 | 11:57 | ORTEGA GARCIA, FRANCISCO | 1971 | 5 | VMB | 1 | C.A. SUANZES - SAN BLAS |
| 6 | 478 | 24:14 | 3:37 | 12:15 | TORRES GONZALEZ, JOSE CARLOS | 1989 | 6 | SM | 3 | CLUB RUNNING LA GAVIA |
| 7 | 467 | 24:21 | 3:38 | 12:22 | SAIZ SEDANO, JUAN ANTONIO | 1975 | 7 | VMA | 3 | INDEPENDIENTE |
| 8 | 479 | 25:10 | 3:46 | 12:49 | LEBRERO SUAREZ, ANGEL | 1965 | 8 | VMB | 2 | CLINICAS MENORCA |
| 9 | 470 | 26:06 | 3:54 | 13:20 | SANCHEZ NICOLAS, JAVIER | 1980 | 9 | VMA | 4 | BCNMAD TRIATLON |
| 10 | 427 | 26:07 | 3:54 | 13:33 | CARRION ESTEIRE, ENRIQUE | 1971 | 10 | VMB | 3 | INDEPENDIENTE |
| 11 | 431 | 26:39 | 3:59 | 13:27 | DE CASTRO NAVARRO, SALVADOR | 1979 | 11 | VMA | 5 | AMIGOS DE VALDEMORO GO FIT |
| 12 | 443 | 27:04 | 4:03 | 13:49 | JIMENEZ PLA, ROQUE | 1978 | 12 | VMA | 6 | INDEPENDIENTE |
| 13 | 458 | 27:16 | 4:05 | 13:53 | REYES GARCIA-ADAMEZ, JESUS | 1962 | 13 | VMB | 4 | INDEPENDIENTE |
| 14 | 442 | 27:55 | 4:10 | 14:21 | JIMENEZ PALAZON, PEDRO | 1978 | 14 | VMA | 7 | FONDISTAS 42 |
| 15 | 406 | 28:04 | 4:12 | 14:33 | CANFRANC DOBLAS, LUIS MIGUEL | 1960 | 15 | VMC | 1 | EDWARD ATHLETIC |
| 16 | 464 | 28:09 | 4:12 | 14:26 | RODRIGUEZ MENENDEZ, EMILIO | 1972 | 16 | VMB | 5 | MYRMIDONS |
| 17 | 408 | 28:24 | 4:15 | 14:46 | MARTINEZ ROMERA, DANIEL | 1967 | 17 | VMB | 6 | EDWARD ATHLETIC |
| 18 | 402 | 28:32 | 4:16 | 14:23 | HERRERO ROZAS, CARMEN | 1990 | 1 | SF | 1 | C.A. SUANZES - SAN BLAS |
| 19 | 483 | 28:47 | 4:18 | 15:19 | JIMENEZ CRISOSTOMO, ABEL | 1969 | 18 | VMB | 7 | INDEPENDIENTE |
| 20 | 423 | 29:15 | 4:22 | 15:06 | SANZ MONGE, ELSA | 1965 | 2 | VFC | 1 | EDWARD ATHLETIC |
| 21 | 401 | 29:34 | 4:25 | 15:17 | RODRIGUEZ-OSORIO REDONDO, GABRIEL | 1957 | 19 | VMC | 2 | EDWARD ATHLETIC |
| 22 | 436 | 29:43 | 4:27 | 15:20 | GARCIA MARTINEZ, MARIA | 1985 | 3 | SF | 2 | VG RUNNING |
| 23 | 440 | 29:53 | 4:28 | 15:06 | INSAUSTI CANTALAPIEDRA, JOSE LUIS | 1970 | 20 | VMB | 8 | INDEPENDIENTE |
| 24 | 178 | 29:58 | 4:29 | 15:07 | PILA GARCIA, LUIS | 1971 | 21 | VMB | 9 | INDEPENDIENTE |
| 25 | 430 | 30:04 | 4:30 | 15:42 | CRESPO MORALES, JUAN CARLOS | 1965 | 22 | VMB | 10 | KARATE GAMA |
| 26 | 444 | 30:08 | 4:30 | 15:40 | LOPEZ MARTIN, ELENA | 1974 | 4 | VFA | 1 | INDEPENDIENTE |
| 27 | 412 | 30:25 | 4:33 | 15:33 | VECILLAS FUERTES, FRANCISCO | 1958 | 23 | VMC | 3 | EDWARD ATHLETIC |
| 28 | 420 | 30:45 | 4:36 | 15:36 | ALFONSO GARCIA, TEODORO | 1955 | 24 | VMC | 4 | INDEPENDIENTE |
| 29 | 485 | 30:53 | 4:37 | 15:49 | PUMBAL GUAMANI, ABDON | 1978 | 25 | VMA | 8 | INDEPENDIENTE |
| 30 | 410 | 31:10 | 4:39 | 15:57 | GONZALEZ SANCHEZ, JOSE LUIS | 1957 | 26 | VMC | 5 | EDWARD ATHLETIC |
| 31 | 422 | 31:34 | 4:43 | 15:37 | AYALA PEREZ, MIGUEL ANGEL | 1966 | 27 | VMB | 11 | KARATE G.A.M.A. |
| 32 | 405 | 32:01 | 4:47 | 16:22 | SANCHEZ GOMEZ-CALCERRADA, VICENTE | 1972 | 28 | VMB | 12 | EDWARD ATHLETIC |
| 33 | 477 | 32:06 | 4:48 | 16:45 | SOTO GONZALEZ, MIGUEL | 1970 | 29 | VMB | 13 | INDEPENDIENTE |
| 34 | 424 | 32:31 | 4:52 | 17:00 | CANDILEJO JIMENEZ, JOSE ALFONSO | 1974 | 30 | VMA | 9 | INDEPENDIENTE |
| 35 | 445 | 32:48 | 4:54 | 17:16 | LOZANO BRANGER, PEDRO | 1970 | 31 | VMB | 14 | INDEPENDIENTE |
| 36 | 439 | 32:48 | 4:54 | 17:20 | GONZALEZ RODRIGUEZ, JUAN CARLOS | 1969 | 32 | VMB | 15 | INDEPENDIENTE |
| 37 | 409 | 33:11 | 4:58 | 16:53 | MARTIN GRANADO, LAURA | 1981 | 5 | VFA | 2 | C.A. SUANZES - SAN BLAS |
| 38 | 403 | 33:23 | 4:59 | 17:17 | ASTETE ROMERO, MARI CARMEN | 1965 | 6 | VFC | 2 | EDWARD ATHLETIC |
| 39 | 448 | 33:37 | 5:01 | 17:16 | MARTINEZ REVERTE, SUSANA | 1977 | 7 | VFA | 3 | INDEPENDIENTE |
| 40 | 463 | 33:45 | 5:03 | 17:26 | RODRIGUEZ JIMENEZ, SILVIA | 1999 | 8 | SF | 3 | IES GOMEZ MORENO |
| 41 | 452 | 33:58 | 5:05 | 17:39 | PALACIOS ALZAGA, GRACIELA QUITERIA | 1977 | 9 | VFA | 4 | LOS FLIPAOS SON LOS DE AL LAO |
| 42 | 476 | 34:02 | 5:05 | 17:39 | SENATORE, IVANA | 1976 | 10 | VFA | 5 | LOS FLIPAOS SON LOS DE AL LAO |
| 43 | 414 | 34:04 | 5:05 | 17:30 | ARRIBAS AGÜERO, TERESA | 1970 | 11 | VFB | 1 | EDWARD ATHLETIC |
| 44 | 462 | 34:34 | 5:10 | 17:43 | RODRIGUEZ GARCIA, ANA | 1987 | 12 | SF | 4 | CLUB ATLETISMO COLLADO VILLALBA |
| 45 | 407 | 35:10 | 5:15 | 18:04 | LANGA HONTORIA, JUAN JOSE | 1954 | 33 | VMC | 6 | C.A. SUANZES - SAN BLAS |
| 46 | 421 | 35:19 | 5:17 | 17:38 | ALONSO DOMINGO, MANUEL | 1936 | 34 | VMC | 7 | T C R & TEAM |
| 47 | 459 | 36:37 | 5:28 | 18:40 | REYES LOPEZ, SANDRA | 1982 | 13 | VFA | 6 | INDEPENDIENTE |
| 48 | 413 | 37:04 | 5:32 | 18:35 | RODRIGO GARIJO, YOLANDA | 1974 | 14 | VFA | 7 | C.A. SUANZES - SAN BLAS |
| 49 | 425 | 37:46 | 5:39 | 19:15 | CAPA DE LEON, CARLOS | 1979 | 35 | VMA | 10 | CDE LOS FLIPAOS SON LOS DE AL LAO |
| 50 | 466 | 37:46 | 5:39 | 19:15 | SAENZ MORRAS, JESUS MIGUEL | 1974 | 36 | VMA | 11 | LOS FLIPAOS SON LOS DE AL LAO |
| 51 | 475 | 37:46 | 5:39 | 19:17 | SANZ PASCUAL, MARIA DEL MAR | 1962 | 15 | VFC | 3 | INDEPENDIENTE |
| 52 | 432 | 38:03 | 5:41 | 19:23 | DIAZ CANTARERO, CARLOS | 1957 | 37 | VMC | 8 | INDEPENDIENTE |
| 53 | 473 | 38:55 | 5:49 | 20:10 | SANZ ABAD, MONICA | 1975 | 16 | VFA | 8 | INDEPENDIENTE |
| 54 | 450 | 39:29 | 5:54 | 19:34 | MORTE HERRADON, GERMAN | 1957 | 38 | VMC | 9 | KARATE G.A.M.A. |
| 55 | 468 | 39:31 | 5:54 | 20:41 | SANCHEZ JUAN, CAROLINA | 1969 | 17 | VFB | 2 | INDEPENDIENTE |
| 56 | 426 | 39:38 | 5:55 | 20:22 | CARRILLO CAMINOS, ENEKO | 1979 | 39 | VMA | 12 | INDEPENDIENTE |

| Puesto | Dors. | Tiempo | Rit. | 3350m | Apellidos, Nombre | Año | P.S. | Cat. | P.C. | Club |
|--------|-------|--------|------|-------|----------------------------|------|------|------|------|-------------------------|
| 57 | 457 | 40:10 | 6:00 | 20:21 | QUINTERO, JUAN JOSE | 1995 | 40 | SM | 4 | RIA RUNNING CLUB |
| 58 | 471 | 41:49 | 6:15 | 21:17 | SANCHEZ RUIZ, CRISTINA | 1991 | 18 | SF | 5 | RIA RUNNING CLUB |
| 59 | 437 | 42:57 | 6:25 | 22:37 | GARDE, RICARDO | 1959 | 41 | VMC | 10 | INDEPENDIENTE |
| 60 | 455 | 43:52 | 6:33 | 21:48 | PIVA, TERESA | 1980 | 19 | VFA | 9 | RIA RUNNING CLUB |
| 61 | 433 | 44:14 | 6:36 | 21:58 | DIAZ JIMENEZ, MARTA | 1989 | 20 | SF | 6 | INDEPENDIENTE |
| 62 | 434 | 44:21 | 6:38 | 22:16 | DIAZ JIMENEZ, SOFIA | 1988 | 21 | SF | 7 | INDEPENDIENTE |
| 63 | 451 | 44:57 | 6:43 | 23:43 | ORDOÑEZ LOYOLA, DENISSE | 1985 | 22 | SF | 8 | INDEPENDIENTE |
| 64 | 474 | 44:57 | 6:43 | 23:44 | SANZ DE LA MATA, OSCAR | 1977 | 42 | VMA | 13 | INDEPENDIENTE |
| 65 | 447 | 45:26 | 6:47 | 23:25 | MARTIN TEJADO, SAGRARIO | 1962 | 23 | VFC | 4 | INDEPENDIENTE |
| 66 | 480 | 45:35 | 6:49 | 22:42 | GOMEZ LA HOZ, MARTA | 1966 | 24 | VFC | 5 | INDEPENDIENTE |
| 67 | 449 | 46:04 | 6:53 | 23:20 | MORON STANVIK, JUAN MANUEL | 1965 | 43 | VMB | 16 | AMIGOS DEL COACH |
| 68 | 441 | 47:19 | 7:04 | 23:46 | JIMENEZ FUNES, MARTA | 1992 | 25 | SF | 9 | INDEPENDIENTE |
| 69 | 416 | 47:19 | 7:04 | 23:45 | FEITAL GARCIA, CRISTINA | 1973 | 26 | VFA | 10 | SAMUR |
| 70 | 417 | 47:19 | 7:04 | 23:46 | PEREZ MARTINEZ, ARSENIO | 1964 | 44 | VMB | 17 | SAMUR |
| 71 | 418 | 47:19 | 7:04 | 23:46 | PRADOS ROA, FERNANDO | 1966 | 45 | VMB | 18 | SAMUR |
| 72 | 419 | 47:21 | 7:04 | 23:46 | RUMBAO GARCIA, DAVID | 1987 | 46 | SM | 5 | SAMUR |
| 73 | 435 | 47:34 | 7:06 | 22:34 | GARCIA DE LA GALA, AZUCENA | 1958 | 27 | VFC | 6 | INDEPENDIENTE |
| 74 | 456 | 48:29 | 7:15 | 23:59 | PLAZA GARCIA, MIGUEL ANGEL | 1964 | 47 | VMB | 19 | AMIGOS DEL COACH |
| 75 | 482 | 50:17 | 7:31 | 25:34 | ENJOLRAS, MERYVONNE | 1962 | 28 | VFC | 7 | INDEPENDIENTE |
| 76 | 481 | 50:17 | 7:31 | 25:34 | DEL VAL MEWS, PABLO | 1962 | 48 | VMC | 11 | C.A. SUANZES - SAN BLAS |
| 77 | 472 | 52:50 | 7:54 | 25:18 | SANCHEZ, MONICA | 1976 | 29 | VFA | 11 | INDEPENDIENTE |
| 78 | 465 | 53:59 | 8:04 | 27:59 | RODRIGUEZ, ANDREA | 1971 | 30 | VFB | 3 | INDEPENDIENTE |
| 79 | 484 | 58:17 | 8:42 | 28:56 | NUÑEZ BLANCO, RAUL | 1972 | 49 | VMB | 20 | INDEPENDIENTE |

| Puesto | Dors. | Tiempo | Rit. | 3350m | 6700m | Apellidos, Nombre | Año | P.S. | Cat. | P.C. | Club |
|--------|-------|--------|------|-------|-------|----------------------------------|------|------|------|------|---------------------------------------|
| 1 | 51 | 33:00 | 3:18 | 11:35 | 22:22 | BELTRAME, TOBIA | 1994 | 1 | SM | 1 | TRIESTE ATLETICA |
| 2 | 81 | 34:08 | 3:25 | 11:46 | 23:01 | DIEZ COMENDEZ, FERNANDO | 1982 | 2 | SM | 2 | MYRMIDONS |
| 3 | 5 | 34:42 | 3:29 | 11:52 | 23:14 | CHACON RIFON, CARLOS | 1969 | 3 | VMB | 1 | C.A. SUANZES - SAN BLAS |
| 4 | 237 | 35:00 | 3:30 | 11:32 | 22:21 | MARTIN MORALES, JAVIER | 1995 | 4 | SM | 3 | MARLINS |
| 5 | 59 | 35:18 | 3:32 | 12:16 | 23:48 | CARRILLO FERNANDEZ, DANIEL | 1987 | 5 | SM | 4 | CLUB ATLETISMO TOLEDO |
| 6 | 36 | 35:26 | 3:33 | 12:11 | 23:48 | ACUÑA GUESTA, FRANCISCO | 1970 | 6 | VMB | 2 | INDEPENDIENTE |
| 7 | 6 | 36:03 | 3:37 | 12:42 | 24:34 | PEREZ DIAZ, JESUS ALBERTO | 1966 | 7 | VMB | 3 | EDWARD ATHLETIC |
| 8 | 1 | 36:07 | 3:37 | 12:34 | 24:24 | CAPITAN PEÑA, VICENTE | 1974 | 8 | VMA | 1 | C.A. SUANZES - SAN BLAS |
| 9 | 8 | 36:11 | 3:38 | 12:22 | 24:18 | MONTIEL SANTIAGO, ANTONIO | 1978 | 9 | VMA | 2 | EDWARD ATHLETIC |
| 10 | 85 | 36:16 | 3:38 | 12:18 | 24:24 | EL BAROUDI, HISAN | 1989 | 10 | SM | 5 | MYRMIDONS |
| 11 | 225 | 36:24 | 3:39 | 12:35 | 24:32 | VALIENTE VAZ, EMETERIO | 1967 | 11 | VMB | 4 | A.D. MARATON |
| 12 | 45 | 36:43 | 3:41 | 12:22 | 24:24 | ARIAS OÑATE, PABLO | 1993 | 12 | SM | 6 | CLUB ATLETISMO VELILLA DE SAN ANTONIO |
| 13 | 119 | 37:17 | 3:44 | 13:08 | 25:20 | GOMEZ PEREZ, JOSE RAMON | 1973 | 13 | VMA | 3 | LA MANCHA AMARILLA |
| 14 | 60 | 37:18 | 3:44 | 12:35 | 24:38 | CARVAJAL MUÑOZ, ROBINSON | 1984 | 14 | SM | 7 | INDEPENDIENTE |
| 15 | 148 | 37:25 | 3:45 | 12:57 | 25:18 | MANSO GUZMAN, FRANCISCO | 1968 | 15 | VMB | 5 | INDEPENDIENTE |
| 16 | 179 | 37:28 | 3:45 | 13:15 | 25:30 | POLANCO CUBERO, LUIS | 1983 | 16 | SM | 8 | ADA ZUERA |
| 17 | 4 | 38:04 | 3:49 | 13:28 | 26:03 | RODRIGUEZ ARIAS, PEDRO | 1966 | 17 | VMB | 6 | EDWARD ATHLETIC |
| 18 | 80 | 38:22 | 3:51 | 13:16 | 25:49 | DIAZ ARRANZ, JOSE | 1970 | 18 | VMB | 7 | INDEPENDIENTE |
| 19 | 153 | 38:37 | 3:52 | 13:38 | 26:17 | MENASALVAS PACHECO, ALFONSO | 1970 | 19 | VMB | 8 | RCT SPARTA MORATALAZ |
| 20 | 25 | 38:47 | 3:53 | 13:46 | 26:17 | PICAZO VIZOSO, OSCAR | 1977 | 20 | VMA | 4 | C.A. SUANZES - SAN BLAS |
| 21 | 105 | 38:51 | 3:54 | 13:34 | 26:22 | GARCIA MORENO, CARLOS | 1971 | 21 | VMB | 9 | INDEPENDIENTE |
| 22 | 174 | 38:59 | 3:54 | 13:21 | 26:08 | PARAMO, ROBERTO | 1982 | 22 | VMA | 5 | INDEPENDIENTE |
| 23 | 238 | 39:04 | 3:55 | 13:29 | 26:15 | MCQUADE, JAMES | 1969 | 23 | VMB | 10 | INDEPENDIENTE |
| 24 | 234 | 39:28 | 3:57 | 12:37 | 26:48 | FRESNILLO NUÑEZ, JORGE | 1997 | 24 | SM | 9 | A.A. MORATALAZ |
| 25 | 207 | 39:30 | 3:57 | 13:39 | 26:29 | SAENZ GARCIA, GONZALO | 1965 | 25 | VMB | 11 | INTERVAL ATLETISMO |
| 26 | 12 | 39:30 | 3:57 | 13:34 | 26:23 | BEJARANO GOMEZ, DAVID | 1979 | 26 | VMA | 6 | EDWARD ATHLETIC |
| 27 | 41 | 39:31 | 3:58 | 13:42 | 26:43 | ALONSO MILLANO, JUAN JOSE | 1978 | 27 | VMA | 7 | INDEPENDIENTE |
| 28 | 30 | 39:33 | 3:58 | 13:46 | 26:43 | TORRES ESPIN, JUAN | 1975 | 28 | VMA | 8 | EDWARD ATHLETIC |
| 29 | 13 | 40:03 | 4:01 | 13:53 | 27:07 | FERNANDEZ PEDREGOSA, JOSE MANUEL | 1960 | 29 | VMC | 1 | C.A. SUANZES - SAN BLAS |
| 30 | 55 | 40:04 | 4:01 | 13:56 | 27:07 | CABALLERO MARTINEZ, SERAFIN | 1955 | 30 | VMC | 2 | INDEPENDIENTE |
| 31 | 78 | 40:09 | 4:01 | 13:57 | 27:01 | DEL VIEJO GONZALEZ, MIGUEL | 1971 | 31 | VMB | 12 | INTERVAL |
| 32 | 121 | 40:21 | 4:03 | 13:43 | 27:03 | GONZALEZ CIDON, ADRIAN | 1984 | 32 | SM | 10 | INDEPENDIENTE |
| 33 | 166 | 40:36 | 4:04 | 13:43 | 27:12 | NOVAL, RICARDO | 1979 | 33 | VMA | 9 | FISIOTERAPIA MASSALIA |
| 34 | 40 | 40:40 | 4:04 | 14:03 | 27:19 | ALONSO FERNANDEZ, JOSE | 1965 | 34 | VMB | 13 | INDEPENDIENTE |
| 35 | 226 | 41:02 | 4:07 | 14:24 | 27:42 | VARGAS SALGADO, ANDRES DAVID | 1970 | 35 | VMB | 14 | INDEPENDIENTE |
| 36 | 76 | 41:05 | 4:07 | 14:32 | 28:10 | DE PRADO MARTINEZ, MARIO | 1971 | 36 | VMB | 15 | INDEPENDIENTE |
| 37 | 22 | 41:09 | 4:07 | 14:10 | 27:36 | MORENO CARRASCO, FELIX | 1958 | 37 | VMC | 3 | EDWARD ATHLETIC |
| 38 | 62 | 41:10 | 4:07 | 14:09 | 27:36 | CASTILLO CANO, DIEGO | 1965 | 38 | VMB | 16 | INDEPENDIENTE |
| 39 | 221 | 41:13 | 4:08 | 13:59 | 27:32 | SARRO RECIO, DAVID | 1982 | 39 | VMA | 10 | INDEPENDIENTE |
| 40 | 74 | 41:17 | 4:08 | 14:21 | 27:52 | DE LA TORRE FERNANDEZ, ALFONSO | 1973 | 40 | VMA | 11 | BOSTON |
| 41 | 106 | 41:18 | 4:08 | 14:33 | 28:07 | GARCIA PEREZ, JUAN ALBERTO | 1966 | 41 | VMB | 17 | RUNNING LA GAVIA |
| 42 | 115 | 41:28 | 4:09 | 14:14 | 27:54 | GOMEZ DE ZAMORA MARTIN, RAUL | 1977 | 42 | VMA | 12 | RIA RUNNING CLUB |
| 43 | 15 | 41:30 | 4:09 | 14:16 | 27:53 | FUERTES BARRIO, ANA MARIA | 1974 | 1 | VFA | 1 | C.A. SUANZES - SAN BLAS |
| 44 | 224 | 41:40 | 4:10 | 14:29 | 28:05 | TORRES MORERA, LUIS MIGUEL | 1953 | 43 | VMC | 4 | TRIONE |
| 45 | 142 | 41:53 | 4:12 | 14:29 | 28:13 | LEON MARTINEZ, JOSE LUIS | 1961 | 44 | VMC | 5 | INDEPENDIENTE |
| 46 | 27 | 41:55 | 4:12 | 14:23 | 28:32 | SANZ PRIETO, JAVIER | 1970 | 45 | VMB | 18 | C.A. SUANZES - SAN BLAS |
| 47 | 14 | 42:00 | 4:12 | 15:01 | 28:30 | LIROZ GARCIA, JOSE MIGUEL | 1963 | 46 | VMB | 19 | EDWARD ATHLETIC |
| 48 | 167 | 42:14 | 4:14 | 14:19 | 28:22 | NOVO FERNANDEZ, MIGUEL | 1980 | 47 | VMA | 13 | INDEPENDIENTE |
| 49 | 217 | 42:15 | 4:14 | 14:36 | 28:26 | SANCHEZ INFANTES PARAMO, CARLOS | 1986 | 48 | SM | 11 | INDEPENDIENTE |
| 50 | 190 | 42:34 | 4:16 | 14:29 | 28:38 | RIVERA SANTAMARIA, ALVARO | 1988 | 49 | SM | 12 | PEDREZUELA TRAIL |
| 51 | 84 | 42:35 | 4:16 | 14:00 | 28:14 | EGEA MADRID, MARIANO | 1975 | 50 | VMA | 14 | METROPOLITAN |
| 52 | 96 | 42:38 | 4:16 | 14:23 | 28:27 | GALATAS, MANUEL | 1962 | 51 | VMC | 6 | C.A. AKILES |
| 53 | 11 | 42:38 | 4:16 | 14:33 | 28:31 | CASADO RIO, JOAQUIN | 1984 | 52 | SM | 13 | C.A. SUANZES - SAN BLAS |
| 54 | 61 | 42:40 | 4:16 | 14:14 | 28:10 | CASADO RIO, OSCAR | 1979 | 53 | VMA | 15 | MADROÑO-SANFERBIKE |
| 55 | 28 | 42:46 | 4:17 | 15:03 | 29:00 | RODRIGUEZ ZAPATERO, OSCAR | 1958 | 54 | VMC | 7 | EDWARD ATHLETIC |
| 56 | 21 | 43:07 | 4:19 | 14:38 | 28:52 | PALANCAR DE LA TORRE, JOSE LUIS | 1964 | 55 | VMB | 20 | C.A. SUANZES - SAN BLAS |
| 57 | 195 | 43:14 | 4:20 | 15:10 | 29:28 | RODRIGUEZ NUÑEZ, IGNACIO | 1986 | 56 | SM | 14 | RIA RUNNING CLUB |
| 58 | 7 | 43:19 | 4:20 | 15:08 | 29:18 | ALVAREZ GARCIA, GONZALO | 1977 | 57 | VMA | 16 | C.A. SUANZES - SAN BLAS |
| 59 | 39 | 43:25 | 4:21 | 15:37 | 29:44 | ALONSO ALONSO, JUAN DIEGO | 1971 | 58 | VMB | 21 | INDEPENDIENTE |

| Puesto | Dors. | Tiempo | Rit. | 3350m | 6700m | Apellidos, Nombre | Año | P.S. | Cat. | P.C. | Club |
|--------|-------|--------|------|-------|-------|----------------------------------|------|------|------|------|--------------------------------|
| 60 | 113 | 43:32 | 4:22 | 15:05 | 29:14 | GIL APARICIO, EDUARDO | 1975 | 59 | VMA | 17 | INDEPENDIENTE |
| 61 | 10 | 43:32 | 4:22 | 14:55 | 29:13 | ALBARRAN GISMERA, BIENVENIDO | 1965 | 60 | VMB | 22 | EDWARD ATHLETIC |
| 62 | 183 | 43:32 | 4:22 | 15:11 | 29:18 | QUESADA DEL CASTILLO, RAFAEL | 1971 | 61 | VMB | 23 | INDEPENDIENTE |
| 63 | 2 | 43:43 | 4:23 | 15:06 | 29:25 | HERRADON ALEGRE, JOSE RAMON | 1960 | 62 | VMC | 8 | EDWARD ATHLETIC |
| 64 | 227 | 43:43 | 4:23 | 15:07 | 29:25 | VARONA ARCHE, ALFREDO | 1970 | 63 | VMB | 24 | INDEPENDIENTE |
| 65 | 9 | 43:50 | 4:23 | 15:07 | 29:35 | BAEZA ANTON, DANIEL | 1987 | 64 | SM | 15 | C.A. SUANZES - SAN BLAS |
| 66 | 77 | 43:51 | 4:24 | 15:04 | 29:30 | DEL CAMPO GIL, RAUL | 1968 | 65 | VMB | 25 | SELER UNIVEST TRIATLON TEAM |
| 67 | 162 | 43:52 | 4:24 | 15:04 | 29:30 | MOYA PULIDO, SARA | 1977 | 2 | VFA | 2 | SELER UNIVEST TRIATLON TEAM |
| 68 | 103 | 43:58 | 4:24 | 15:07 | 29:30 | GARCIA JORGE, RUBEN | 1987 | 66 | SM | 16 | INSTARUNNERS MADRID |
| 69 | 143 | 44:07 | 4:25 | 15:04 | 29:23 | LLANES ORTEGA, JAVIER | 1961 | 67 | VMC | 9 | INDEPENDIENTE |
| 70 | 75 | 44:08 | 4:25 | 15:17 | 29:40 | DE MIGUEL MARTIN, LAURA | 1975 | 3 | VFA | 3 | INDEPENDIENTE |
| 71 | 206 | 44:19 | 4:26 | 15:49 | 30:07 | RUIZ OLIVERA, JUAN LUIS | 1969 | 68 | VMB | 26 | INDEPENDIENTE |
| 72 | 204 | 44:19 | 4:26 | 15:29 | 30:05 | RUBIO EGUILUZ, JUAN | 1969 | 69 | VMB | 27 | INDEPENDIENTE |
| 73 | 20 | 44:24 | 4:27 | 15:05 | 29:32 | MARTINEZ RODRIGUEZ-OSORIO, RAMON | 1975 | 70 | VMA | 18 | EDWARD ATHLETIC |
| 74 | 17 | 44:25 | 4:27 | 15:08 | 29:55 | MARTINEZ MARTINEZ, MIGUEL ANGEL | 1982 | 71 | VMA | 19 | C.A. SUANZES - SAN BLAS |
| 75 | 196 | 44:28 | 4:27 | 14:52 | 29:28 | RODRIGUEZ SAMPEDRO, GUILLERMO | 1987 | 72 | SM | 17 | INDEPENDIENTE |
| 76 | 186 | 44:32 | 4:28 | 15:03 | 29:34 | RAMOS RUBIO, MARIA ESTHER | 1973 | 4 | VFA | 4 | INDEPENDIENTE |
| 77 | 202 | 44:42 | 4:29 | 14:50 | 29:39 | ROMERO DENGRA, ENRIQUE | 1979 | 73 | VMA | 20 | INDEPENDIENTE |
| 78 | 176 | 44:52 | 4:30 | 15:37 | 30:14 | PEREZ JARAIZ, JUAN JESUS | 1970 | 74 | VMB | 28 | INDEPENDIENTE |
| 79 | 200 | 45:07 | 4:31 | 18:20 | 35:48 | ROLDAN PEREZ, JUAN ANTONIO | 1961 | 75 | VMC | 10 | INDEPENDIENTE |
| 80 | 156 | 45:08 | 4:31 | 15:01 | 30:00 | MIÑARRO GAITAN, RAFAEL | 1971 | 76 | VMB | 29 | INDEPENDIENTE |
| 81 | 127 | 45:14 | 4:32 | 16:03 | 30:56 | HERNANDEZ MARTIN, JOSE IGNACIO | 1978 | 77 | VMA | 21 | PEDRO BELLO Y PENELOPE GLAMOUR |
| 82 | 135 | 45:17 | 4:32 | 16:12 | 30:46 | JIMENEZ GARCIA, ROBERTO MARTIN | 1968 | 78 | VMB | 30 | INDEPENDIENTE |
| 83 | 91 | 45:23 | 4:33 | 15:17 | 30:07 | FERNANDEZ, JESUS | 1964 | 79 | VMB | 31 | RUN4RUN |
| 84 | 65 | 45:38 | 4:34 | 15:17 | 30:08 | CHAMORRO FERNANDEZ, FERNANDO | 1977 | 80 | VMA | 22 | INDEPENDIENTE |
| 85 | 33 | 45:39 | 4:34 | 15:38 | 30:27 | GONZALEZ RABADAN, JUAN ANTONIO | 1972 | 81 | VMB | 32 | SAMUR |
| 86 | 116 | 45:47 | 4:35 | 15:43 | 30:39 | GOMEZ MARTINEZ, CARLOS | 1971 | 82 | VMB | 33 | KARATE G.A.M.A. |
| 87 | 70 | 45:54 | 4:36 | 16:37 | 31:36 | CRUZ VICO, JOSE MARIA | 1972 | 83 | VMA | 23 | C.D. PINEDA |
| 88 | 58 | 46:03 | 4:37 | 16:36 | 31:36 | CALVO PICOS, MANUEL | 1976 | 84 | VMA | 24 | INDEPENDIENTE |
| 89 | 97 | 46:07 | 4:37 | 16:11 | 31:08 | GARCIA BOLIVAR, ALEJANDRO | 1972 | 85 | VMB | 34 | NOKIA |
| 90 | 138 | 46:09 | 4:37 | 16:15 | 31:20 | JUAN SALLES, DAVID | 1968 | 86 | VMB | 35 | C.D.C.DANONE |
| 91 | 89 | 46:10 | 4:37 | 16:13 | 31:11 | FERNANDEZ ALONSO, PEDRO | 1965 | 87 | VMB | 36 | INDEPENDIENTE |
| 92 | 46 | 46:15 | 4:38 | 16:49 | 31:41 | ARROYO MANTECON, ALVARO | 1976 | 88 | VMA | 25 | INDEPENDIENTE |
| 93 | 149 | 46:19 | 4:38 | 16:58 | 31:58 | MANSO MORENO, EDUARDO | 1981 | 89 | VMA | 26 | INDEPENDIENTE |
| 94 | 67 | 46:22 | 4:39 | 15:55 | 31:22 | CONDE LABORET, SERGIO | 1992 | 90 | SM | 18 | INDEPENDIENTE |
| 95 | 211 | 46:23 | 4:39 | 16:58 | 32:03 | SAN MILLAN CASTILLO, ROBERTO | 1977 | 91 | VMA | 27 | AMIGOS DEL COACH |
| 96 | 101 | 46:24 | 4:39 | 16:03 | 31:09 | GARCIA GARCIMARTIN, ANSEL | 1979 | 92 | VMA | 28 | INDEPENDIENTE |
| 97 | 188 | 46:26 | 4:39 | 16:25 | 31:33 | REVUELTA YEBOLES, IGNACIO | 2000 | 93 | SM | 19 | INDEPENDIENTE |
| 98 | 38 | 46:33 | 4:40 | 15:54 | 31:18 | ALMOHALLA AGUILERA, LUIS | 1975 | 94 | VMA | 29 | INDEPENDIENTE |
| 99 | 47 | 46:37 | 4:40 | 16:30 | 31:39 | AYUSO ORTIZ, ANGEL | 1976 | 95 | VMA | 30 | INDEPENDIENTE |
| 100 | 104 | 46:45 | 4:41 | 15:38 | 31:15 | GARCIA LAZARO, JORGE | 1983 | 96 | SM | 20 | INDEPENDIENTE |
| 101 | 94 | 46:46 | 4:41 | 16:09 | 31:33 | FREIRE MORILLO, JOSE ANTONIO | 1980 | 97 | VMA | 31 | CLUB ATLETISMO SAN FERNANDO |
| 102 | 175 | 46:51 | 4:42 | 15:43 | 30:58 | PARRA FERNANDEZ, IVAN | 1976 | 98 | VMA | 32 | ALALPARDO RUNNING TEAM |
| 103 | 145 | 46:53 | 4:42 | 16:13 | 31:53 | LOPEZ CLEMENTE, JUAN ANTONIO | 1969 | 99 | VMB | 37 | CORRERENMADRID |
| 104 | 68 | 47:03 | 4:43 | 16:01 | 31:23 | CORREDOR PAEZ, DIEGO | 1969 | 100 | VMB | 38 | INDEPENDIENTE |
| 105 | 43 | 47:11 | 4:44 | 16:04 | 31:37 | ANDRES MONGE, JOSE LUIS | 1972 | 101 | VMA | 33 | INDEPENDIENTE |
| 106 | 134 | 47:15 | 4:44 | 15:51 | 31:17 | JIMENEZ CARRETERO, FELIX | 1981 | 102 | VMA | 34 | A.D.SAN ESTEBAN DEL VALLE |
| 107 | 160 | 47:25 | 4:45 | 16:18 | 31:42 | MORA RUIZ, FERNANDO | 1975 | 103 | VMA | 35 | INDEPENDIENTE |
| 108 | 212 | 47:25 | 4:45 | 19:13 | 37:36 | SAN MILLAN CASTILLO, VANESA | 1980 | 5 | VFA | 5 | AMIGOS DEL COACH |
| 109 | 112 | 47:32 | 4:46 | 16:26 | 32:11 | GARRIDO GARFIA, DOMINGO | 1962 | 104 | VMC | 11 | OASIS TRES CANTOS |
| 110 | 23 | 47:38 | 4:46 | 16:49 | 32:32 | JIMENEZ PINTO, IRENE | 1979 | 6 | VFA | 6 | C.A. SUANZES - SAN BLAS |
| 111 | 184 | 47:42 | 4:47 | 16:15 | 31:44 | RAMIREZ GONZALEZ, RAFAEL | 1961 | 105 | VMC | 12 | INDEPENDIENTE |
| 112 | 220 | 47:52 | 4:48 | 16:48 | 32:11 | SANTUY BARDON, JORGE | 1982 | 106 | VMA | 36 | TORTUGAS DEL ENSANCHE |
| 113 | 16 | 47:53 | 4:48 | 16:05 | 31:53 | LOPEZ LOPEZ, CRISTINA | 1968 | 7 | VFB | 1 | EDWARD ATHLETIC |
| 114 | 194 | 48:00 | 4:48 | 16:07 | 32:07 | RODRIGUEZ GONZALEZ, HECTOR | 1976 | 107 | VMA | 37 | INDEPENDIENTE |
| 115 | 187 | 48:01 | 4:49 | 16:38 | 32:14 | RAMOS RUBIO, MIGUEL ANGEL | 1967 | 108 | VMB | 39 | INDEPENDIENTE |
| 116 | 180 | 48:15 | 4:50 | 16:05 | 32:18 | POLO VELAZQUEZ, JESUS | 1969 | 109 | VMB | 40 | ERICSSON |

| Puesto | Dors. | Tiempo | Rit. | 3350m | 6700m | Apellidos, Nombre | Año | P.S. | Cat. | P.C. | Club |
|--------|-------|--------|------|-------|-------|--|------|------|------|------|-------------------------------|
| 117 | 125 | 48:28 | 4:51 | 17:31 | 33:07 | GUDIÉL MOLES, JAVIER | 1984 | 110 | SM | 21 | RIA RUNNING CLUB |
| 118 | 71 | 48:42 | 4:53 | 18:11 | 33:37 | CUESTA MATEOS, CARLOS | 1980 | 111 | VMA | 38 | INDEPENDIENTE |
| 119 | 231 | 48:43 | 4:53 | 17:24 | 33:09 | MORILLAS GRANADOS, DAVID | 1987 | 112 | SM | 22 | INDEPENDIENTE |
| 120 | 197 | 49:05 | 4:55 | 17:26 | 33:12 | RODRIGUEZ VEGA, AITOR | 1988 | 113 | SM | 23 | INDEPENDIENTE |
| 121 | 63 | 49:12 | 4:56 | 16:35 | 32:58 | CEJUDO VICO, JUAN PEDRO | 1964 | 114 | VMB | 41 | INDEPENDIENTE |
| 122 | 233 | 49:16 | 4:56 | 16:39 | 32:53 | CASTILLO VIZCAYA, RAUL | 1963 | 115 | VMB | 42 | INDEPENDIENTE |
| 123 | 32 | 49:16 | 4:56 | 17:41 | 33:41 | FIGUEROA MARTIN-BUITRAGO, JAVIER | 1969 | 116 | VMB | 43 | SAMUR |
| 124 | 181 | 49:21 | 4:57 | 17:31 | 33:19 | POMBO, OLATZ | 1985 | 8 | SF | 1 | INDEPENDIENTE |
| 125 | 118 | 49:23 | 4:57 | 16:12 | 32:34 | GOMEZ ORTIZ, LUIS MIGUEL | 1985 | 117 | SM | 24 | INDEPENDIENTE |
| 126 | 99 | 49:29 | 4:57 | 17:05 | 33:21 | GARCIA CERDEIRA, LUIS | 1979 | 118 | VMA | 39 | INDEPENDIENTE |
| 127 | 146 | 49:30 | 4:57 | 16:35 | 33:07 | LOPEZ, JAVIER | 1986 | 119 | SM | 25 | RIA RUNNING CLUB |
| 128 | 152 | 49:53 | 5:00 | 17:24 | 34:07 | MEDINA EXPOSITO, JUAN MANUEL | 1973 | 120 | VMA | 40 | C.A. MADRID MAPOMA |
| 129 | 73 | 50:02 | 5:01 | 17:31 | 33:58 | DE LA BLANCA TEBA, JAVIER | 1984 | 121 | SM | 26 | RIA RUNNING CLUB |
| 130 | 50 | 50:03 | 5:01 | 16:58 | 33:42 | BEKKAR, DRISS | 1986 | 122 | SM | 27 | RIA RUNNING CLUB |
| 131 | 114 | 50:09 | 5:01 | 17:10 | 33:36 | GODOY MOYA, LUIS | 1962 | 123 | VMC | 13 | INDEPENDIENTE |
| 132 | 222 | 50:39 | 5:04 | 17:09 | 33:46 | SIERRA IGNACIO, ANTONIO | 1977 | 124 | VMA | 41 | INDEPENDIENTE |
| 133 | 124 | 50:57 | 5:06 | 17:44 | 34:29 | GRANDE ESTURO, BORJA | 1979 | 125 | VMA | 42 | ONE SPORT ONE TRIATLON |
| 134 | 201 | 51:00 | 5:06 | 17:41 | 34:28 | ROMAN EXTREMIANA, NACHO | 1968 | 126 | VMB | 44 | INDEPENDIENTE |
| 135 | 108 | 51:03 | 5:07 | 17:44 | 34:02 | GARCIA SANCHO, ALFONSO | 1966 | 127 | VMB | 45 | INDEPENDIENTE |
| 136 | 19 | 51:09 | 5:07 | 17:45 | 34:19 | MOLINA PLAZA, ADOLFO | 1964 | 128 | VMB | 46 | C.A. SUANZES - SAN BLAS |
| 137 | 26 | 51:12 | 5:08 | 17:44 | 34:14 | RIVERA MARTINEZ, SEBASTIAN | 1957 | 129 | VMC | 14 | EDWARD ATHLETIC |
| 138 | 126 | 51:17 | 5:08 | 17:53 | 34:19 | HARO LLADO, JAVIER | 1984 | 130 | SM | 28 | INDEPENDIENTE |
| 139 | 198 | 51:20 | 5:08 | 17:18 | 34:28 | RODRIGUEZ, CARLOS | 1980 | 131 | VMA | 43 | INDEPENDIENTE |
| 140 | 35 | 51:21 | 5:09 | 17:14 | 34:29 | PRADOS ROA, LUIS | 1965 | 132 | VMB | 47 | SAMUR |
| 141 | 165 | 51:35 | 5:10 | 18:11 | 35:09 | NAVAMUEL CAFFARENA, DAVID | 1972 | 133 | VMB | 48 | INDEPENDIENTE |
| 142 | 158 | 51:53 | 5:12 | 18:20 | 35:08 | MOLINA PEREZ, JORGE | 1982 | 134 | SM | 29 | INDEPENDIENTE |
| 143 | 69 | 51:58 | 5:12 | 17:32 | 34:25 | CORTES DE LA ROSA, LETICIA | 1979 | 9 | VFA | 7 | RIA RUNNING CLUB |
| 144 | 192 | 51:59 | 5:12 | 17:50 | 35:02 | ROBLES ROMERO, RAFAEL | 1975 | 135 | VMA | 44 | INDEPENDIENTE |
| 145 | 144 | 52:00 | 5:12 | 18:04 | 35:05 | LOPEZ CABERO, FLORENTINO | 1948 | 136 | VMC | 15 | C.A. SAN JUAN |
| 146 | 136 | 52:01 | 5:13 | 18:19 | 35:19 | JIMENEZ MARIN, JOSE LUIS | 1967 | 137 | VMB | 49 | LOS FLIPAOS SON LOS DE AL LAO |
| 147 | 223 | 52:05 | 5:13 | 17:20 | 34:36 | SPULE, DANA | 1982 | 10 | VFA | 8 | INDEPENDIENTE |
| 148 | 86 | 52:06 | 5:13 | 18:13 | 35:12 | ESCAPA ARRIBAS, ANTONIO | 1973 | 138 | VMA | 45 | INDEPENDIENTE |
| 149 | 189 | 52:17 | 5:14 | 18:17 | 35:15 | RIOS MARTIN, JUAN | 1957 | 139 | VMC | 16 | INDEPENDIENTE |
| 150 | 173 | 52:27 | 5:15 | 17:35 | 35:01 | OSORIO AWAT, RUEL | 1970 | 140 | VMB | 50 | INDEPENDIENTE |
| 151 | 163 | 52:29 | 5:15 | 17:43 | 35:22 | MUÑOZ LLAVE, RAUL | 1971 | 141 | VMB | 51 | INDEPENDIENTE |
| 152 | 42 | 52:30 | 5:15 | 17:57 | 35:14 | ALONSO, JOSE | 1972 | 142 | VMA | 46 | INDEPENDIENTE |
| 153 | 177 | 52:46 | 5:17 | 18:55 | 36:01 | PICAZO IZQUIERDO, FERNANDO | 1949 | 143 | VMC | 17 | A.D. LA FUENFRIA |
| 154 | 131 | 52:50 | 5:17 | 17:21 | 33:49 | IBAÑEZ CARRASCO, FCO. JAVIER | 1971 | 144 | VMB | 52 | INDEPENDIENTE |
| 155 | 172 | 53:00 | 5:18 | 18:09 | 35:33 | ORTIZ MERINO, ROBERTO | 1986 | 145 | SM | 30 | INDEPENDIENTE |
| 156 | 83 | 53:01 | 5:19 | 18:30 | 35:52 | DOMINGUEZ PUÑAL, RAMIRO | 1965 | 146 | VMB | 53 | INDEPENDIENTE |
| 157 | 122 | 53:02 | 5:19 | 18:30 | 35:52 | GONZALEZ ESPEJEL, FRANCISCO MANUEL | 1960 | 147 | VMC | 18 | INDEPENDIENTE |
| 158 | 120 | 53:06 | 5:19 | 17:58 | 35:16 | GONZALEZ CARPINTERO, JESUS | 1967 | 148 | VMB | 54 | INDEPENDIENTE |
| 159 | 164 | 53:19 | 5:20 | 18:22 | 35:37 | MUÑOZ MANZANERO, RAFAEL | 1977 | 149 | VMA | 47 | INDEPENDIENTE |
| 160 | 151 | 53:21 | 5:21 | 22:59 | 45:36 | MATEO SANTOS, JOSE FERNANDO | 1985 | 150 | SM | 31 | DEMICOMBRO |
| 161 | 141 | 53:22 | 5:21 | 19:20 | 36:45 | LAGE MILLET, BARBARA | 1982 | 11 | SF | 2 | FOROFOS DEL RUNNING |
| 162 | 169 | 53:25 | 5:21 | 18:42 | 36:01 | ODONNELL, ANNE MARIE | 1966 | 12 | VFC | 1 | INDEPENDIENTE |
| 163 | 64 | 53:33 | 5:22 | 18:46 | 36:13 | CERDAN FIZ, CARMEN | 1970 | 13 | VFB | 2 | RIA RUNNING CLUB |
| 164 | 90 | 53:48 | 5:23 | 18:34 | 36:06 | FERNANDEZ BADORREY, DOLORES | 1965 | 14 | VFC | 2 | TIGERS RUNNING CLUB |
| 165 | 129 | 53:58 | 5:24 | 19:05 | 36:36 | HERRERO CASAS, OSCAR | 1969 | 151 | VMB | 55 | INDEPENDIENTE |
| 166 | 214 | 54:02 | 5:25 | 19:20 | 36:46 | SANCHEZ BARBAS, PABLO | 1972 | 152 | VMA | 48 | FOROFOS DEL RUNNING |
| 167 | 93 | 54:33 | 5:28 | 18:43 | 36:37 | FERRANDIZ MAGAÑA, JOSE PABLO | 1971 | 153 | VMB | 56 | INDEPENDIENTE |
| 168 | 185 | 54:36 | 5:28 | 18:55 | 36:47 | RAMOS GONZALEZ, JORGE | 1982 | 154 | SM | 32 | C.A. ARRIBA EL PALE |
| 169 | 168 | 54:58 | 5:30 | 20:11 | 37:43 | NUÑEZ-HERRADOR DIAZ-MERINO, ANTONIO JOSE | 1977 | 155 | VMA | 49 | INDEPENDIENTE |
| 170 | 161 | 55:01 | 5:31 | 19:30 | 37:25 | MORILLO OSUNA, JORGE | 1982 | 156 | VMA | 50 | INDEPENDIENTE |
| 171 | 216 | 55:16 | 5:32 | 18:41 | 36:57 | SANCHEZ DEL POZO, FRANCISCO | 1972 | 157 | VMB | 57 | INDEPENDIENTE |
| 172 | 182 | 55:39 | 5:34 | 20:26 | 38:17 | PRIETO PEREZ, CRIS | 1976 | 15 | VFA | 9 | C.D.B. PARIS |
| 173 | 199 | 55:40 | 5:34 | 18:47 | 37:11 | ROJAS HUBNER, PATRICIO | 1977 | 158 | VMA | 51 | RIA RUNNING CLUB |
| 174 | 230 | 55:46 | 5:35 | 20:17 | 38:32 | VILLALBA RUIBIO, JORGE | 1977 | 159 | VMA | 52 | FFDR |

| Puesto | Dors. | Tiempo | Rit. | 3350m | 6700m | Apellidos, Nombre | Año | P.S. | Cat. | P.C. | Club |
|--------|-------|---------|------|-------|-------|----------------------------------|------|------|------|------|-----------------------------------|
| 175 | 57 | 55:48 | 5:35 | 18:39 | 37:18 | CALVO CARRASCO, CRISTOBAL JESUS | 1969 | 160 | VMB | 58 | INDEPENDIENTE |
| 176 | 218 | 55:58 | 5:36 | 20:17 | 38:32 | SANCHEZ RIVAS, CARLOS | 1981 | 161 | VMA | 53 | FOROFOS DEL RUNNING |
| 177 | 56 | 55:59 | 5:36 | 20:27 | 38:14 | CABEZUDO, SARA | 1982 | 16 | VFA | 10 | INDEPENDIENTE |
| 178 | 235 | 56:00 | 5:36 | 18:45 | 37:06 | MELAMED SZFRYK, PABLO | 1976 | 162 | VMA | 54 | INDEPENDIENTE |
| 179 | 170 | 56:39 | 5:40 | 18:28 | 37:24 | ORTIZ ALCALDE, JOSE EDWARD | 1982 | 163 | VMA | 55 | CDE LOS FLIPAOS SON LOS DE AL LAO |
| 180 | 205 | 57:34 | 5:46 | 20:42 | 38:34 | RUEDA TAPIADOR, JOSE MARIA | 1969 | 164 | VMB | 59 | LOS AMIGOS DEL COACH |
| 181 | 102 | 57:38 | 5:46 | 20:08 | 38:51 | GARCIA GONZALEZ, ANTONIO | 1979 | 165 | VMA | 56 | CORREDORES |
| 182 | 123 | 57:50 | 5:47 | 19:58 | 39:01 | GONZALEZ JURADO, DANIEL | 1963 | 166 | VMB | 60 | AMIGOS DEL COACH |
| 183 | 31 | 57:54 | 5:48 | 19:44 | 38:39 | VIDIELLA EGUILUZ, FERNANDO | 1968 | 167 | VMB | 61 | INDEPENDIENTE |
| 184 | 82 | 57:58 | 5:48 | 18:41 | 37:28 | DIEZ SAN JOSE, SANTIAGO | 1972 | 168 | VMA | 57 | INDEPENDIENTE |
| 185 | 100 | 58:03 | 5:49 | 19:51 | 38:41 | GARCIA GARCIA, ANGELA | 1978 | 17 | VFA | 11 | INDEPENDIENTE |
| 186 | 53 | 58:18 | 5:50 | 20:41 | 40:01 | BERMUDEZ PEREZ, JULIAN | 1959 | 169 | VMC | 19 | AMIGOS DEL COACH |
| 187 | 66 | 58:49 | 5:53 | 20:31 | 39:39 | CHEPURKOVA, ANASTASIA | 1986 | 18 | SF | 3 | RIA RUNNING CLUB |
| 188 | 140 | 59:08 | 5:55 | 19:32 | 39:23 | LACOBIA MARTIN, JOSE LUIS | 1969 | 170 | VMB | 62 | INDEPENDIENTE |
| 189 | 37 | 59:49 | 5:59 | 20:10 | 39:34 | ALBA CORDERO, ELENA | 1983 | 19 | SF | 4 | INDEPENDIENTE |
| 190 | 193 | 1:00:23 | 6:03 | 20:59 | 40:14 | RODRIGO, SALVADOR | 1980 | 171 | VMA | 58 | TIGERS |
| 191 | 236 | 1:00:23 | 6:03 | 20:59 | 40:14 | GONZALEZ PASCUAL, ARTURO | 1987 | 172 | SM | 33 | INDEPENDIENTE |
| 192 | 54 | 1:00:32 | 6:04 | 21:25 | 41:12 | BOLAÑOS, CARLOS | 1972 | 173 | VMA | 59 | INDEPENDIENTE |
| 193 | 117 | 1:00:33 | 6:04 | 21:25 | 41:12 | GOMEZ OLMEDO, ANA | 1975 | 20 | VFA | 12 | INDEPENDIENTE |
| 194 | 72 | 1:00:46 | 6:05 | 26:42 | 43:51 | DE FREITAS, LUCINDO | 1981 | 174 | VMA | 60 | INDEPENDIENTE |
| 195 | 34 | 1:00:50 | 6:05 | 20:35 | 40:36 | MARTIN JIMENEZ, FRANCISCO JAVIER | 1967 | 175 | VMB | 63 | SAMUR |
| 196 | 24 | 1:01:56 | 6:12 | 21:05 | 41:21 | JIMENEZ RUBIO, LUIS | 1941 | 176 | VMC | 20 | EDWARD ATHLETIC |
| 197 | 219 | 1:02:51 | 6:18 | 21:34 | 42:10 | SANCHEZ TORRERO, MARIANO | 1967 | 177 | VMB | 64 | INDEPENDIENTE |
| 198 | 130 | 1:03:02 | 6:19 | 20:48 | 42:00 | HIDALGO MENA, MIGUEL ANGEL | 1966 | 178 | VMB | 65 | TRAJANO |
| 199 | 232 | 1:03:02 | 6:19 | 22:42 | 45:35 | RODRIGUEZ ZAHONERO, AGUSTIN | 1964 | 179 | VMB | 66 | C.A. SUANZES - SAN BLAS |
| 200 | 229 | 1:03:10 | 6:19 | 22:19 | 43:08 | BUCETA FERNANDEZ, JOSE MARIA | 1956 | 180 | VMC | 21 | INDEPENDIENTE |
| 201 | 87 | 1:05:10 | 6:31 | 21:53 | 43:27 | ESPADA BARRIOS, JOSE CARLOS | 1973 | 181 | VMA | 61 | INDEPENDIENTE |
| 202 | 88 | 1:05:10 | 6:31 | 21:53 | 43:28 | ESPADA BARRIOS, LUIS ALBERTO | 1978 | 182 | VMA | 62 | INDEPENDIENTE |
| 203 | 155 | 1:06:06 | 6:37 | 23:44 | 45:14 | MIGUEL REVILLA, GEMMA | 1980 | 21 | VFA | 13 | INDEPENDIENTE |